

# Coexistent herpes simplex encephalitis and malignant astrocytoma

## *A clinicopathologic study of three cases*

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Of the multitude of oncogenic viruses known to man, the herpesvirus is most commonly associated with malignancy. Herpesvirus Type II has been implicated as an oncogenic agent in carcinoma of the cervix.<sup>1-6</sup> Epstein-Barr virus (EBV), a herpes-like virus, has been found with striking frequency in isolates of Burkitt's lymphoma, Hodgkin's lymphoma, and nasopharyngeal carcinoma.<sup>7-18</sup> The purpose of this paper is to discuss the previously unreported entity of coexistent herpesvirus infection of the brain and malignant astrocytoma (glioblastoma multiforme) in three patients.

### Case reports

**Case 1.** A 57-year-old man was confused and lethargic for 4 months before he was admitted to the Cleveland Clinic Hospital for the first time. He had diarrhea which did not respond to tetracycline or penicillin therapy, and a temperature of 100 to 101 F. He was hospitalized 4 weeks in another hospital for treatment of viral pneumonia. After discharge the patient's wife noted that he continued to be confused, repeated questions, and had lapses of memory, especially of recent events.

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One month before admission to Cleveland Clinic Hospital the patient was rehospitalized because of persistent fever and confusion. Roentgenograms of the skull and chest and four electroencephalograms were interpreted as normal. The cerebrospinal fluid contained 70 mg/100 ml glucose and 76 mg/100 ml protein. Direct smears and culture for acid-fast bacilli, fungus, and "routine" pathogens were negative; 5 mononuclear white blood cells and 328 red blood cells, mostly crenated, were seen. The patient was transferred to Cleveland Clinic Hospital for further evaluation and treatment.

On admission his temperature was 100.8 F, pulse rate 110, respirations 24 per minute, blood pressure 160/100 mm Hg. He was drowsy and the sensorium was described as "blunted." Pertinent neurological findings included a right homonymous hemianopsia, bilateral horizontal and vertical nystagmus, and decreased strength in the right upper extremity. The remainder of the physical examination was normal. Diagnostic impression was intracranial neoplasm or abscess.

Laboratory studies disclosed the following values: hemoglobin, 14.8 g/100 ml; white blood cell count, 6,000/cu mm, with 70% segmented neutrophils, 24% lymphocytes, and 6% monocytes. Urinalysis was normal. Serum cholesterol, calcium, phosphorus, bilirubin, albumin, total protein, uric acid, BUN, glucose, LDH, alkaline phosphatase, and SGOT were within normal limits. Spinal fluid obtained by lumbar puncture was clear, with less than 100 red blood cells and 6 mononuclear white cells, protein 61 mg/100 ml, and glucose 68 mg/100 ml. No atypical cells were found in the spinal fluid.

Electroencephalography revealed an abnormal focus in the left temporal region, more suggestive of glioma than abscess. Pneumoencephalography and left carotid angiography suggested the presence of a deep posteromedial left temporal space-occupying lesion.

A left temporal craniotomy was performed. A large infiltrating neoplasm was found in the posterior-inferior temporal lobe. The surrounding nonneoplastic inferomedial temporal cerebrum was swollen, red, and partially necrotic. A large segment of the abnormal temporal lobe was removed by suction cauterization.

Diagnoses based on histopathologic findings were malignant astrocytoma (glioblastoma multiforme) and inclusion body encephalitis. Postoperatively the patient remained febrile but was awake and moved all extremities. Viral cultures of brain obtained during surgery were positive for herpes simplex virus. A tracheostomy was performed 48 hours later for respiratory insufficiency. The patient was comatose until his death 11 days later.

At postmortem examination, the remnant of the left temporal lobe showed hemorrhagic necrosis with a small amount of residual neoplasm. Transverse brain sections revealed recent gross hemorrhages in the posterior midbrain, pons, medulla oblongata, and cerebellum. These hemorrhages were thought to be secondary to supratentorial pressure. No gross or microscopic evidence of extracerebral herpetic infection was encountered.

**Cases 2 and 3.** These cases were remarkably similar to Case 1. In both cases the patients had been febrile preoperatively. In both, the physical examination, electroencephalogram, pneumoencephalogram, and arteriogram were suggestive of a mass lesion in the temporal lobe. Both patients had elevated spinal fluid protein and microscopic confirmation of malignant astrocytoma and inclusion body encephalitis. One patient died. The other patient, in whom the neoplasm was incompletely removed, has maintained useful functional activity for 3 months postoperatively, with no evidence of encephalitis.

The diagnosis of malignant astrocytoma was established by macroscopic criteria as well as by light and electron

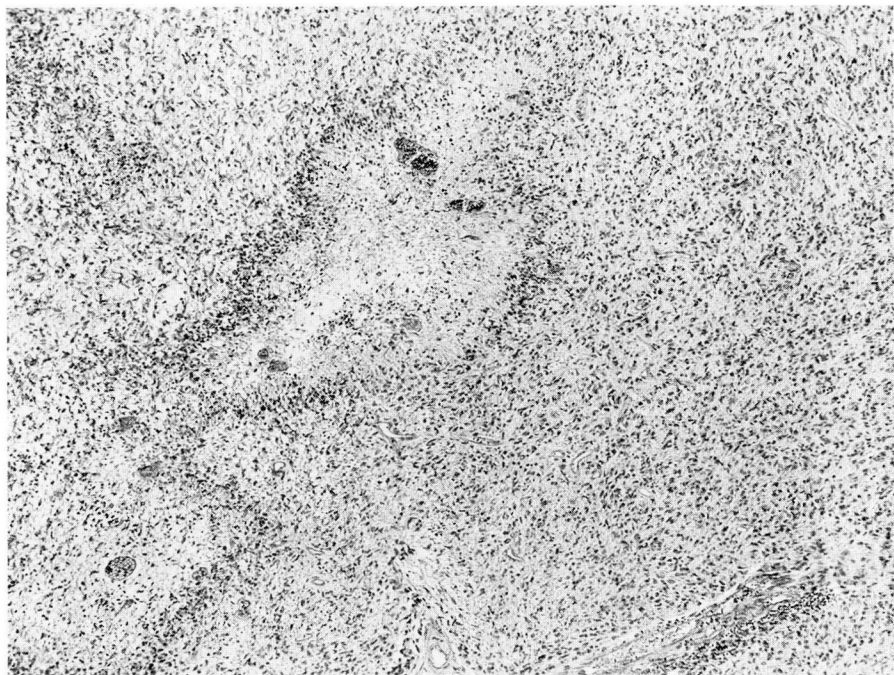
microscopy. Grossly, all three neoplasms were soft, friable, and grey with areas of necrosis and hemorrhage. Light microscopy demonstrated pseudopalisading of tumor cells in the areas of necrosis, astrocytic cellular pleomorphism with giant cell forms, numerous mitotic figures, and proliferation of small blood vessels with capillary endothelial proliferation (*Fig. 1*).

The diagnosis of herpes simplex encephalitis was established by: (1) characteristic light microscopic changes (three cases); (2) identification of classic herpesvirus particles by electron microscopy (two cases); and (3) isolation of herpesvirus by tissue culture techniques (two cases).

**Light microscopy.** As noted during craniotomy or at postmortem examination, in all three cases the encephalitic

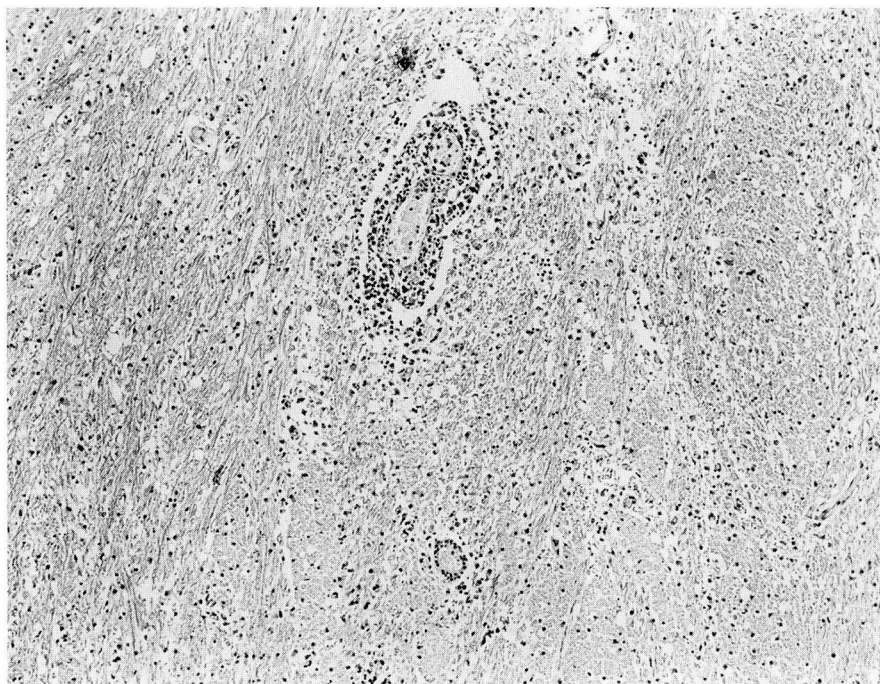
temporal cerebrum was grossly swollen, partially necrotic and hemorrhagic, with broadening and flattening of the cerebral gyri. On microscopic examination of Zenker's-fixed, hematoxylin-eosin stained tissue, these areas of acute hemorrhagic necrosis demonstrated infiltration of the overlying meninges by lymphocytes and occasional macrophages. The blood vessels of both the cortex and white matter were uniformly surrounded by dense aggregates of lymphocytes, macrophages, rare polymorphonuclear leukocytes, and plasma cells extending into the perivascular Virchow-Robin space (*Figs. 2 and 3*). Petechial hemorrhages, and foci of reactive astrocytic and oligodendroglial gliosis were also noted.

The single most important finding

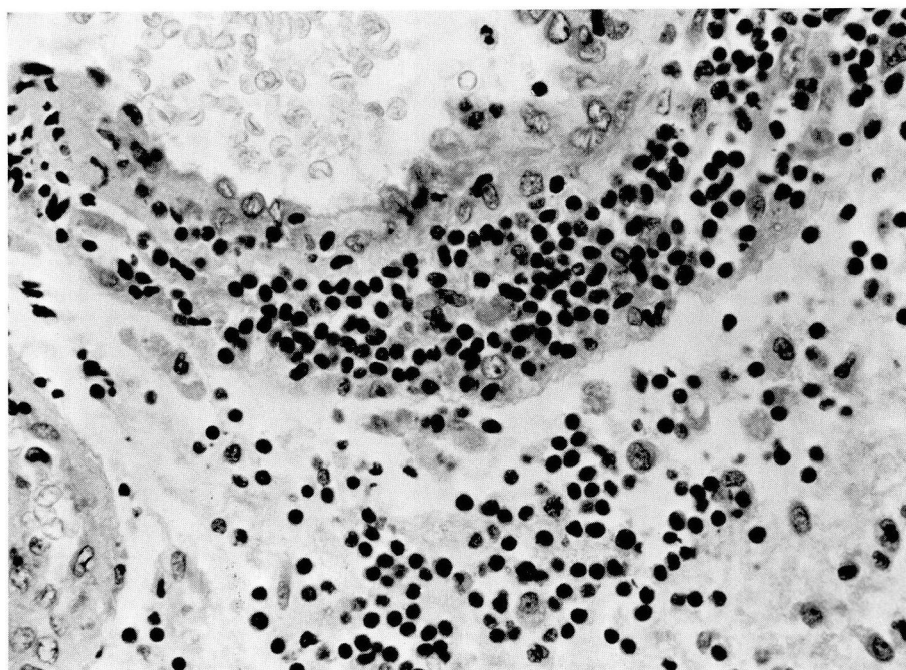


**Fig. 1.** Photomicrograph of malignant astrocytoma (glioblastoma multiforme) with prominent pseudopalisading about an area of necrosis (hematoxylin-eosin,  $\times 64$ ).





**Fig. 2.** Photomicrograph demonstrating perivasculitis in nonneoplastic temporal white matter (hematoxylin-eosin,  $\times 64$ ).



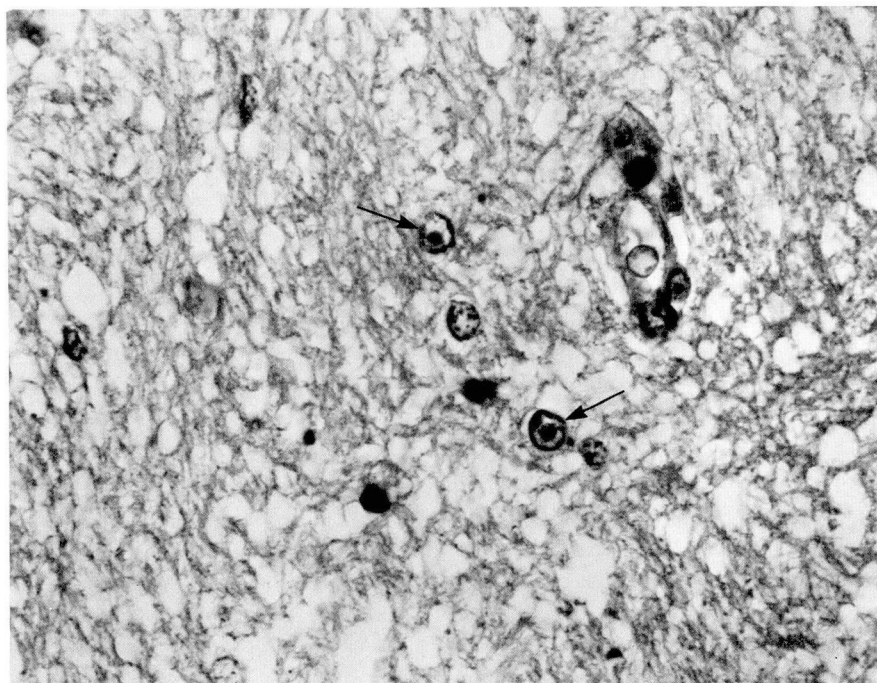
**Fig. 3.** Photomicrograph showing predominantly mononuclear inflammatory infiltrate involving a vessel of the temporal white matter with extension into the Virchow-Robin perivascular space (hematoxylin-eosin,  $\times 400$ ).



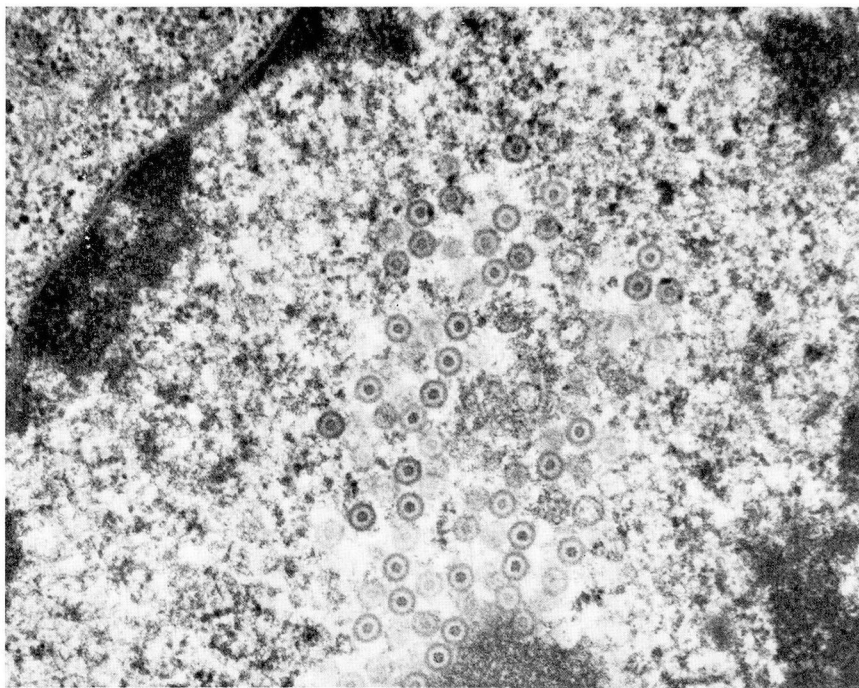
by light microscopy was the presence of characteristic Cowdry Type A inclusion bodies in astrocytes and oligodendroglia within the encephalitic process. The Cowdry Type A inclusion body is a homogeneous eosinophilic intranuclear sphere surrounded by a clear halo, with resultant displacement of the chromatin material to the periphery of the nucleus (*Fig. 4*).<sup>19-28</sup> The inclusion bodies showed positive selective staining with phosphotungstic acid hematoxylin. In human encephalitis these inclusion bodies may be associated with a variety of viruses including measles, varicella (herpes zoster), cytomegalovirus, and subacute inclusion-body encephalitis of Dawson.<sup>24, 29-31</sup> Therefore, the demonstration of inclusion bodies is only presumptive evidence of herpes simplex infection; yet some investigators be-

lieve that the diagnosis of herpes simplex encephalitis is justified for any acute necrotizing inclusion-body encephalitis with unique localized involvement of the inferomedial portions of the frontal and temporal lobes.<sup>24, 28, 32</sup>

**Electron microscopy.** Specimens for electron microscopy were fixed in gluteraldehyde or retrieved from formalin, postfixed in osmium tetroxide, embedded in Epon, and stained with uranyl acetate and lead citrate. Examination of the cells with Cowdry A inclusions and peripheral margination of chromatin revealed numerous nuclear and cytoplasmic viral particles morphologically characteristic of herpes simplex.<sup>31, 33-38</sup> Most particles consisted of an electron-dense central core 400-500 Å in diameter surrounded by a halo of low electron



**Fig. 4.** Photomicrograph of Cowdry Type A inclusion bodies with peripheral margination of chromatin in two nonneoplastic astrocytic nuclei (hematoxylin-eosin,  $\times 640$ ).



**Fig. 5.** Electron micrograph of intranuclear herpesvirus particles with central core and surrounding capsid envelopes ( $\times 29,800$ ).

density and encapsulated by a thin outer hexagonal membrane known as the capsid (*Fig. 5*). A few capsids were devoid of their central core. The herpesvirus particles were identified in two cases, primarily in nonneoplastic glial cells, although in each case intensive search revealed a few malignant astrocytes with intranuclear and intracytoplasmic herpes simplex viral particles.

**Viral studies.** Viral isolations by tissue culture technique were positive for herpes simplex virus in two cases; attempts at isolating herpes simplex from brain specimens in Case 3 were unrewarding, despite the presence of Cowdry A inclusion bodies and electron microscopic demonstration of viral particles. It has been suggested that inability to isolate the herpesvirus,

or any other virus, in similar cases of acute necrotizing inclusion body encephalitis is an unfortunately common occurrence.<sup>29, 32, 38</sup> Some authors relate this to chronicity of the disease, noting that herpesvirus previously isolated in a brain can no longer be isolated after a certain interval, even though the acute encephalitic process is still clinically and histologically active.<sup>29</sup>

A fourth patient who had a brief history of febrile illness with rapidly progressive neurological deficit was seen on the neurological service. Results of physical examination, electroencephalography, and arteriography suggested a deep lesion of the right temporal lobe, inferomedial aspect. After craniotomy, we were able to confirm the diagnosis of malignant astrocytoma and inclusion-body encephalitis in the



adjacent temporal cerebrum. Tissue culture techniques and electron microscopy failed to reveal the presence of virus, thus preventing an objective conclusion as to the exact nature of the inclusion-body encephalitis.

## Discussion

The large number of animal cancers with a documented viral etiology suggests that some human cancers may be virus-induced or virus related. Herpesvirus is an especially well-documented agent in neoplastic transformation in lower animals, including Marek's lymphoma of chickens,<sup>39</sup> lymphoma of rabbits and monkeys,<sup>40</sup> leukemia of guinea pigs,<sup>41, 42</sup> and Lucke renal adenocarcinoma of frogs. The search for human cancer virus was further stimulated when Burkitt described a malignant lymphoma of African children.<sup>43</sup> The Burkitt lymphoma, as initially described, occurred only in certain geographic areas of Africa, with a distribution overlapping that of certain insect vectors. Burkitt suggested that the lymphoma was induced by an infectious agent transmitted by an insect vector. Since Burkitt's initial report, numerous investigators have demonstrated that tissue cultures of Burkitt lymphoma cells contain characteristic DNA herpes-like virus.<sup>7-17</sup>

The fact that latency in the central nervous system is a well recognized *in vivo* biologic characteristic of herpes simplex virus may bear a relationship to brain neoplasia. Herpes simplex virus differs from other infectious agents in its capacity to remain latent in the central nervous system of man and to be subsequently reactivated.<sup>18, 44-46</sup> Latent or so-called "dormant forms" of herpes simplex virus appear to occur within brain cells that are not

actively growing and dividing.<sup>45-47</sup> Thus an equilibrium exists between host brain cells and virus. The mechanism for latency is not known, yet herpesvirus latency appears to occur in cells not actively growing. This is an appealing premise on which to base the hypothesis that some unidentified factor related to mitotic activity is associated with virus maturation. All four malignant astrocytomas in this series were highly cellular, with prominent mitotic activity providing what is theoretically an optimum environment for herpes virus maturation. We are unable to conclude objectively whether the herpesvirus is truly an oncogenic agent or a potentially lethal secondary invader in the company of malignant astrocytoma.

## Summary

The well-known biologic characteristic of herpesvirus latency in the human central nervous system may bear an important relationship to astrocytic neoplasia. Coexistent herpes simplex encephalitis and malignant astrocytoma is a previously unreported entity seen in three patients during a 20-month period. The diagnosis of herpes simplex encephalitis was established by two or more parameters: (1) light microscopic demonstration of characteristic Type A inclusion bodies and other nonspecific changes such as mononuclear perivascularitis, petechial hemorrhages and necrosis; (2) herpes simplex isolation in tissue culture; or (3) electron microscopic demonstration of characteristic herpesvirus particles. Past and present evidence cannot objectively distinguish between herpesvirus as a causal agent of malignant astrocytoma or as a potentially lethal

"passenger" virus of important clinical significance.

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