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MEDICAL GRAND ROUNDS

Evaluating adrenal incidentalomas 287

Adrenal incidentalomas are detected on approximately 1% to 2% of all abdominal CT scans. The question is, how clinically significant are they?

R.D. DANESE

Building-related illness and sick building syndrome: from the specific to the vague 303

Building-related illness, in which an identifiable factor causes a specific illness, is less common than sick building syndrome, in which there is no identifiable cause for nonspecific symptoms.

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A 30-year-old woman with headache 293

On the basis of the clinical picture and laboratory data, what is the most likely diagnosis?

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Adult vaccinations: a short review 311

Recommended use of vaccines against pneumococcal pneumonia, influenza, hepatitis A and B, varicella, measles, mumps, rubella, tetanus, and diphtheria.

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CLINICAL REVIEWS

Cyclospora: update on an emerging pathogen 299

Cyclospora cayetanensis, an emerging pathogen with worldwide distribution, causes diarrhea in both immunocompetent and HIV-infected patients, and was responsible for a 1996 outbreak in the United States.

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Detecting and preventing ventricular remodeling after MI 319

Infarct expansion after an MI carries a poor prognosis. Thrombolysis prevents early left ventricular dilatation by attenuating infarct expansion. A full-color illustration compares the effects of early reperfusion, late reperfusion, and no reperfusion.

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The cosmetic use of alpha-hydroxy acids 327

Alpha-hydroxy acids exfoliate dead skin cells, moisturize the skin, and possibly rejuvenate skin damaged by photoaging.

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THE CLINICAL PICTURE

The shifting etiologies of lobar hemorrhage 330

Better treatment of hypertension is changing the type of intracranial hemorrhages physicians most often see.

P.B. O'DONOVAN AND C.A. SILA

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Although symptomatic side effects of chemotherapy reduce a patient's quality of life, organ-system effects are potentially more serious.

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- Cardiovascular risk reduction in women
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