





### DEDICATED TO LIFELONG LEARNING

403

#### INTERNAL MEDICINE BOARD REVIEW

# A 68-year-old woman with high serum protein and no symptoms

As a result of a routine checkup, an elevated serum protein is found. What is the appropriate follow-up and diagnosis?

H. ABDEL-RAZEQ AND B. BOLWELL

#### MEDICAL GRAND ROUNDS

#### Low back pain: 407 Living with ambiguity

Ambiguity is a fact of life in treating acute low back pain, frustrating physicians and patients alike.

D. MAZANEC

#### The economics 410 of intensive glycemic control: Is it worth the expense?

Is tight control of glucose levels cost-effective for type I diabetes? And what about type II diabetes?

R.C. EASTMAN

#### CURRENT DRUG THERAPY

#### Carvedilol for heart failure: 415 Renewed interest in beta blockers

The idea of using beta blockers to treat heart failure seems counterintuitive. But carvedilol is changing that thinking.

J.B. YOUNG

#### CLINICAL REVIEWS

# The elderly driver: What physicians need to know

Objective measures of an elderly driver's accident risk are lacking, but a simple assessment of function can provide insights.

K.T. FOLEY

CONTINUED ON PAGE 397

423



429

437

CONTINUED FROM PAGE 396

## Vascular claudication: How to individualize treatment

Clinicians today have a wider variety of options for treating claudication, from medical therapy to angioplasty or surgery.

B.H. GRAY AND T.M. SULLIVAN

# Panic disorder in primary care: A cause of unexplained symptoms

Many symptoms of panic attacks are physical, making diagnosis difficult and often suggesting another illness.

D.J. MUZINA AND D.A. MALONE

#### DEPARTMENTS

| Change of address | 406 |
|-------------------|-----|
| Corrections       | 413 |
| CME Calendar      | 414 |
| Letters           | 444 |
| CME Credit Test   | 447 |





# **Upcoming Features**

- Cardiovascular risk reduction in women: New approaches
- Travel medicine for the primary care physician
- Homocysteine: Update on a new risk factor