TABLE OF CONTENTS

FROM THE EDITOR	
Collect the evidence; I'll look at it in a minute	743
We have good evidence and guidelines. Why aren't we using them more?	
B.F. MANDELL	
THE CLINICAL PICTURE	
A 52-year-old man with sudden onset of a facial rash	745
Questions and answers on the visible signs of diseases.	
J.M. BERLIN, O.H. LIFSHITZ, AND J.S. TAYLOR	
MEDICAL GRAND ROUNDS	
So you're being sued:	752
Do's and don'ts for the defendant	
You may be dangerously uninformed about a process you might well have to face: malpractice litigation.	
C.A. CULLEY, JR, AND L.J. SPISAK	
CURRENT DRUG THERAPY	
The newer antimuscarinic drugs: Bladder control with less dry mouth	761
Tolterodine (Detrol) and extended-release oxybutynin (Ditropan XL) are replacing immediate-release oxybutynin,	

R.A. APPELL

REVIEW

738

Acute ischemic stroke: Is there a role for hypothermia?

Preliminary trials suggest that therapeutic hypothermia is beneficial in acute stroke; larger trials are under way.

M.D. HAMMER AND D.W. KRIEGER

CARDIOVASCULAR BOARD REVIEW.....

A 74-year-old woman with hemodynamic complications of acute MI

A high suspicion is key to early diagnosis and prompt management of mechanical complications of acute MI. Advances in echocardiography have made it the key test.

N. SESHADRI, S. GHAFFARI, AND W.J. STEWART

CONTINUED ON PAGE 740



JOHN D. CLOUGH, MD. Editor-in-Chief BRIAN F. MANDELL, MD, PHD Deputy Editor PETER STUDER Publisher PHILLIP E. CANUTO Executive Editor GLENN R. CAMPBELL Executive Editor RAY BORAZANIAN Managing Editor DAVID A. HUDDLESTON Manuscript Editor AMY SLUGG MOORE Patient Education Editor BRUCE M. MARICH Production Manager JOHN E. PRESSELLO Art Director ROBERT J. DEMAREST Medical Art Director JOSEPH A. PANGRACE Medical Illustrator DAVID R. SCHUMICK Medical Illustrator JOSEPH KANASZ Medical Illustrator IRIS TRIVILINO Department Coordinator LASONYA CRAWL Billing/Accounting

> MANDY C. LEONARD, PHARMD ANGELO A. LICATA, MD, PHD

DAVID L. LONGWORTH, MD MAURIE MARKMAN, MD

FRANKLIN A. MICHOTA, MD

ROBERT M. PALMER, MD

ATUL C. MEHTA, MD

NEIL B. MEHTA, MD

STEVEN NISSEN, MD

EDITORIAL ADVISORY BOARD MUZAFFAR AHMAD, MD WILMA FOWLER BERGFELD, MD EMMANUEL L. BRAVO, MD WILLIAM R HART MD ERIC A. KLEIN, MD FLOYD D. LOOP, MD DOUGLAS S. MOODIE, MD RICHARD H. NODAR, PHD

RITA S. LEE, MD

WILLIAM L. PROUDFIT, MD NORMAN B. RATLIFF, MD WILLIAM C. SHELDON, MD S. SETHU K. REDDY, MD MARK E. ROSE, MD ERIC J. TOPOL, MD MARK ROTH, MD HERBERT P. WIEDEMANN, MD DOUGLAS SEIDNER, MD ASSOCIATE EDITORS CATHY A. SILA, MD ALEJANDRO C. ARROLIGA, MD HOLLY L. THACKER, MD DAVID BRONSON, MD JAMES THOMAS, MD WILLIAM D. CAREY, MD DONALD G. VIDT. MD BRIAN A. CLARK, PHD, MD WILLIAM S. WILKE, MD BRIAN G. DONLEY, MD MARC WILLIAMS, MD GARY FRANCIS MD JAMES B. YOUNG, MD KATHLEEN FRANCO-BRONSON, MD CLEVELAND CLINIC STEVEN M. GORDON, MD FOUNDATION DIVISION BRIAN GRIFFIN, MD OF EDUCATION GARY HOFFMAN, MD ANDREW J. FISHLEDER, MD BYRON J. HOOGWERF, MD Chairman MANI S. KAVURU, MD PHILLIP R. GARD

REPRINTS: Marsha Fogler 1-800-482-1450 mfogler@medicalreprints.com

Administrato

The Cleveland Clinic Journal of Medicine (ISSN 0891-1150) is published 12 times yearly by The Cleveland Clinic Foundation.

STATEMENTS AND OPINIONS expressed in the Cleveland Clinic Journal of Medicine are those of the authors and not necessarily of The Cleveland Clinic Foundation or its Board of Trustees.

SUBSCRIPTION RATES: U.S. and possessions: personal \$95; institutional \$120; single copy/back issue \$16. Foreign: \$120; single copy/back issue \$16. Institutional (multiple-reader rate) applies to libraries, schools, hospitals, and federal, commercial, and private institutions and organizations. Individual subscriptions must be in the names of, billed to, and paid by individuals. POSTMASTER ADDRESS CHANGES: Cleveland Clinic Journal of Medicine, NA32, 9500 Euclid Avenue, Cleveland, OH 44195

SUBSCRIPTIONS, EDITORIAL, BILLING/ACCOUNTING AND PRODUCTION: (same address as above) Phone (216) 444-2661 Fax (216) 444-9385 E-mail ccjm@ccf.org http://www.ccjm.org

ADVERTISING: Joseph Dennehy, Director, Sales and Marketing, 120 Castle Ridge Rd, Manhasset, NY 11030 • Phone (516) 365-8640 • Fax (516) 365-0587

AUTHORIZATION TO PHOTOCOPY items for internal or personal use is granted Automotization of Photocor i neurosci in terms of apersonal use is granteed by the Cleveland Clinic Journal of Medicine, ISSN 0891-1150, published by The Cleveland Clinic Foundation, provided that the appropriate fee is paid directly to Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923 USA 978-750-8400. Prior to photocopying items for educational classroom use, please contact Copyright Clearance Center, Inc., at the address above. For permission to reprint material, please fax your request with complete information to the Republication department at CCC, fax (978) 750-4470. For further information visit CCC Online at http://www.copyright.com. To order bulk reprints, see above.

AUTHOR DISCLOSURES: This information is intended to apply to CME articles and non-CME articles that appear in the *Journal*. Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect an author's article as well as any discussion of off-label drug therapies. All authors, except those indicated with an asterisk and a footnote with the article, have disclosed that they do not have a conflict of interest or do not discuss off-label therapies.



AMP COPYRIGHT© 2002 THE CLEVELAND CLINIC FOUNDATION PRINTED IN U.S.A.

CLEVELAND CLINIC JOURNAL OF MEDICINE VOLUME 69 • NUMBER 10 Downloaded from www.ccjm.org on May 2, 2025. For personal use only. All other uses require permission.

being better tolerated.

770

789

OCTOBER 2002

OCTOBER 2002

CONTINUED FROM PAGE 738

REVIEW

Poor hypertension control: Let's stop blaming the patients

Only 27% of people with hypertension are at goal blood pressure levels, according to government figures. Is it the fault of the patients—or their physicians?

D.J. HYMAN AND V.N. PAVLIK

REVIEW

Elder abuse and neglect: What physicians can and should do

If you suspect that an abusive situation exists, what should you do?

M. AHMAD AND M.S. LACHS

REVIEW



Treating hyperglycemia809in type 2 diabetes:Changing goals, new strategies

A practical perspective on how to use the new oral drugs and insulins, alone and in combination.

1-MINUTE CONSULT



Brief answers to specific clinical questions

Should exercise electrocardiography be 821 a routine part of the periodic health physical?

No, but it is warranted in patients with multiple risk factors if coronary artery disease is suspected.

A. JAIN AND R. LANG

DEPARTMENTS	
Letters to the Editor	744
Superior vena cava syndrome	
CME Calendar	800
CME Credit Test	823

■ The Cleveland Clinic Journal of Medicine is peer-reviewed and indexed in Index Medicus.

UPCOMING FEATURES

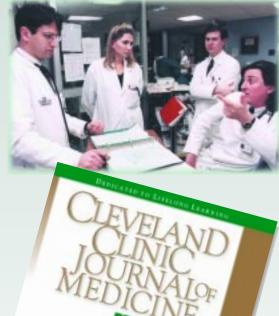
- Low-carb weight-loss diets reconsidered
- Air travel and DVT: How real is the risk?

793

801

- Rethinking predental antibiotic prophylaxis
- Update on HPV diagnosis and treatment
- Challenges and choices in chronic pain
- Do isoflavones prevent prostate cancer?
- Who should get bisphosphonates?
- The 'deadly quartet': More than a theory

VISIT OUR WEB SITE AT HTTP://WWW.CCJM.ORG



740 CLEVELAND CLINIC JOURNAL OF MEDICINE VOLUME 69 • NUMBER 10 OCTOBER 2002 Downloaded from www.ccjm.org on May 2, 2025. For personal use only. All other uses require permission.