



FROM THE EDITOR

Our friend and art director Bob Demarest 663 leaves the CCJM

It is with sadness, modified by appreciation, that I report that a long-time friend of the *Journal* has decided to part company with us and pursue other opportunities. J.D. CLOUGH

EDITORIAL

The case for clinical trials 664 of noninvasive coronary imaging tests

IVUS, CT, and MRI show promise, but new tests, like new therapies, must undergo clinical trials. R. DETRANO

EDITORIAL

Tonsillectomy in adults: A paucity of data 669

We need to differentiate recurrent viral pharyngitis from streptococcal tonsillitis before recommending surgery. S.B. MOSSAD

REVIEW

Acne vulgaris: 670 One treatment does not fit all

With a variety of topical and oral agents available, the choice of therapy can range from simple and straightforward to intense and complex. S.J. LONGSHORE AND K. HOLLANDSWORTH

REVIEW

Update on contraception: 681 Benefits and risks of the new formulations

We review the new options, with emphasis on the Yasmin pill, the Lunelle injection, the Ortho Evra patch, the NuvaRing, the Mirena IUD, and emergency contraceptive kits. P. BATUR, J. ELDER, AND M. MAYER



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When does an adult 698 need a tonsillectomy?

Tonsillectomy may improve quality of life, but hard data are lacking. N. BHATTACHARYYA

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Is there a role for metformin or acarbose as a weight-loss agent in the absence of diabetes? 702

The evidence so far indicates that neither drug can be recommended for this indication in this situation. E.S. SIRAJ

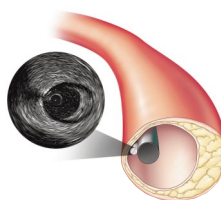
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Hair loss: Diagnosis and management 705

Alopecia is distressing, and we should not underestimate its importance, either as a cosmetic problem or as a sign of a potentially serious underlying condition.

F. MULINARI-BRENNER AND W.F. BERGFELD

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Coronary imaging: Angiography shows the stenosis, but IVUS, CT, and MRI show the plaque 713

New imaging tests can reveal information about coronary artery disease that traditional angiography cannot. P. SCHOENHAGEN, R.D. WHITE, S.E. NISSEN, AND E.M. TUZCU

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Treat high blood pressure sooner: Tougher, simpler JNC 7 guidelines 721

In 2003, a blood pressure of 120/80 isn't normal anymore—it's *prehypertensive*. D.G. VIDT AND R.A. BORAZANIAN

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R.H. ABDELHADI AND C.M. RIMMERMAN

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- The *Cleveland Clinic Journal of Medicine* is peer-reviewed and indexed in *Index Medicus*.

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- Managing antibiotic resistance in the ICU
- Does this patient have Alzheimer disease?
- Heart disease and depression: The mind-body link
- How to manage asymptomatic hyperparathyroidism
- Genetic discrimination: The coming dilemma
- Pulmonary function tests made easy
- Resynchronization therapy in heart failure

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