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Fantastic voyage: The peeping pill

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In the 1966 movie Fantastic Voyage, Raquel Welch and her colleagues were shrunk and injected in a miniature submarine into the circulatory system of a comatose scientist. Now we have a disposable miniaturized television camera that can be swallowed.

J.D. CLOUGH

MEDICAL GRAND ROUNDS

Shared medical appointments: Increasing patient access without increasing physician hours

Physicians meet with a group of patients simultaneously during a 90-minute visit. Patients get improved access and education, and physicians improve productivity.

D.L. BRONSON AND R.A. MAXWELL

PRACTICE COMMENTARY....

The case for insulin treatment early in type 2 diabetes

I hope to convince you that, in type 2 diabetes, insulin treatment should not be a last resort.

P.J. PALUMBO

MEDICAL GRAND ROUNDS

409 **Rheumatoid arthritis:** More aggressive approach improves outlook

Gone is the "pyramid" approach. Now, as soon as the diagnosis is established, we start a disease-modifying antirheumatic drug, usually methotrexate.

M.E. WEINBLATT

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A tiny ingestible video camera can image the entire length of the small intestine, formerly the black box of the gastrointestinal system.

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Strengthening the standards 426 for preventing heart disease and stroke: The recent AHA guidelines

New guidelines call for managing risk factors more aggressively than ever before, especially in people at high risk.

R.I. SERALLOS AND I. GUTLERREZ

REVIEW.....

Six strategies to identify and assist patients burdened by out-of-pocket prescription costs

As many as one in five people report that they did not fill a prescription in the previous year because of the cost. Physicians can help by asking about the problem and applying simple strategies to limit the patient's costs.

G.C. ALEXANDER AND C-W TSENG

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- Cancer pain: Measuring the fifth vital sign
- Fecal DNA testing for bowel cancer
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