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Hypertension: Don't worry about the J curve—treat the patient 74

Concerns over being too aggressive remain theoretical. A far greater problem is that we are still not successfully treating hypertension to even a conservative target.

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1-MINUTE CONSULT

How should one investigate a chronic cough? 84

First, take the history, perform a physical examination, and order a chest radiograph.

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Caring for VIPs: Nine principles 90

When the patient is a "very important person," the health care team should resist pressure to bend the rules.

J.A. GUZMAN, M. SASIDHAR, AND J.K. STOLLER

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Seek and treat: HIV update 2011 95

Clinicians should routinely and matter-of-factly test patients for human immunodeficiency virus infection, just as they screen for other diseases.

A. TAEGE



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Airway pressure release ventilation: An alternative mode of mechanical ventilation in acute respiratory distress syndrome 101

This mode may be useful in situations in which the lungs need to be recruited (reinflated) and held open.

A. MODRYKAMEN, R.L. CHATBURN, AND R.W. ASHTON

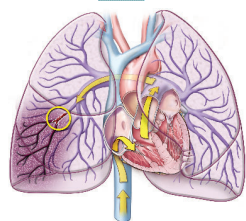


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**Air travel and venous thromboembolism: 111
Minimizing the risk**

Blood clots can occur during air travel, although the absolute risk is low. People with hypercoagulable conditions are at greater risk and may need prophylaxis.

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**Goal-directed antihypertensive therapy: 123
Lower may not always be better**

At least 16 trials have been done in which patients were randomly assigned different blood pressure goals. Surprisingly, they did not show that a lower target offered significant clinical benefit, and they suggest the potential for harm.

E.J. FILIPPONE, A. FOY, AND E. NEWMAN

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**Correction: 80
Gout in patients with chronic kidney disease**

The last three references were numbered incorrectly in the paper by Drs. Hossam El-Zawawy and Brian F. Mandell, "Managing gout: How is it different in patients with chronic kidney disease?" (Cleve Clin J Med 2010; 77:919–928).

Letters to the editor 81

A reader comments on the use of monoamine oxidase inhibitors to treat depression (December 2010) and on the treatment of gout in patients with chronic kidney disease (December 2010).

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UPCOMING FEATURES

- Interpreting the estimated glomerular filtration rate in primary care
- Immune thrombocytopenia: No longer idiopathic, not always purpuric
- Malignant bowel obstruction: Individualized care necessary
- Meeting the health care needs of lesbian, gay, bisexual, and transgender patients
- Giant cell arteritis: Suspect it, treat it promptly
- Cancer pain: Frequently asked questions
- What is dronedarone's role in atrial fibrillation?
- Visceral angioedema due to ACE inhibitors



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