

THE CLINICAL PICTURE

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Metastatic pulmonary calcification and end-stage renal disease

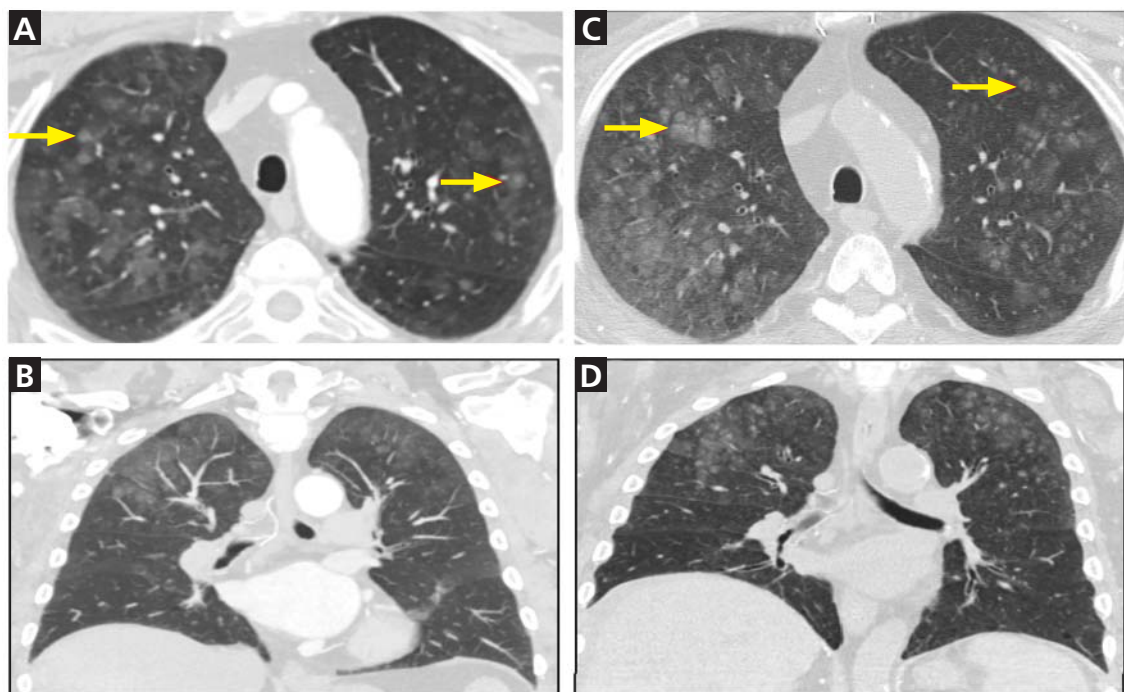


FIGURE 1. Axial computed tomography of the chest 1 year before this clinic visit (A and B) and again shortly before this visit (C and D) showed ground-glass nodules (arrows) bilaterally and predominantly in the upper lobes.

Metastatic pulmonary calcification, commonly seen in patients on dialysis, is caused by deposition of calcium salts

A 64-YEAR-OLD MAN WITH end-stage renal disease was evaluated in the pulmonary clinic for persistent abnormalities on axial computed tomography (CT) of the chest. He was a lifelong nonsmoker and had no history of exposure to occupational dust or fumes. His oxygen saturation was 100% on room air, and he denied any respiratory symptoms.

CT of the chest 1 year earlier had demonstrated bilateral ground-glass opacities pre-

dominantly in the upper lobes, findings confirmed by the results of CT done shortly before this clinic visit (**Figure 1**). CT and plain radiography also both showed extensive vascular calcification (**Figure 2**).

Results of pulmonary function testing were normal. The calcium-phosphorus product had been elevated for many years, and the most recent value was $67 \text{ mg}^2/\text{dL}^2$ (reference range < 55). The parathyroid hormone level was elevated at 200 pg/mL ($15\text{--}65$), and the 25-hydroxyvitamin D was low at 18 ng/mL ($30\text{--}80$), findings consistent with secondary hyperparathyroidism.

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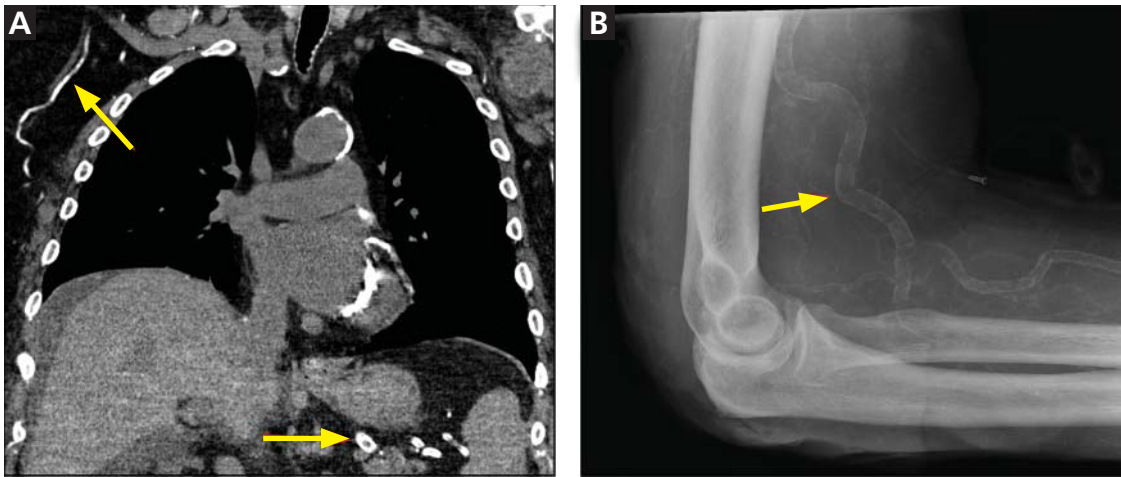


FIGURE 2. Computed tomography with coronal reconstruction showed densely calcified vessels (arrows), as did plain radiography of the elbow.

■ WHEN TO CONSIDER METASTATIC PULMONARY CALCIFICATION

The differential diagnosis for chronic upper-lobe-predominant ground-glass nodules is broad and includes atypical infections, recurrent alveolar hemorrhage, hypersensitivity pneumonitis, vasculitis, sarcoidosis, chronic eosinophilic pneumonia, occupational lung disease, and pulmonary alveolar microlithiasis. However, several aspects of our patient's case suggested an often overlooked diagnosis, metastatic pulmonary calcification.

Metastatic pulmonary calcification is caused by deposition of calcium salts in lung tissue and is most commonly seen in patients on dialysis,^{1,2} and our patient had been dependent on dialysis for many years. The chronically elevated calcium-phosphorus product and secondary hyperparathyroidism often seen with end-stage renal disease may explain this association.

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Our patient's lack of symptoms is also an important diagnostic clue. Unlike many other causes of chronic upper-lobe-predominant ground-glass nodules, metastatic pulmonary calcification does not usually cause symptoms and is often identified only at autopsy.³ Results of pulmonary function testing are often normal.⁴

Metastatic pulmonary calcification can appear as diffusely calcified nodules or high-attenuation areas of consolidation on CT. However, as in our patient's case, CT may demonstrate fluffy, centrilobular ground-glass nodules due to the microscopic size of the deposited calcium crystals.¹ Identifying calcified vessels on imaging supports the diagnosis.⁴

Treatment of metastatic pulmonary calcification in a patient with end-stage renal disease is focused on correcting underlying metabolic abnormalities with phosphate binders, vitamin D supplementation, and dialysis. ■

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In metastatic pulmonary calcification, the results of pulmonary function testing are often normal