

Overall, *Your Gut Feelings* will be a great help in dispelling many myths and helping patients deal appropriately with what Dr. Janowitz calls "day-to-day signals they may get from their intestinal tracts." Although the book is intended for laypersons, it can help primary care physicians, internists, and even gastroenterologists learn how to better communicate with patients and face their anxieties with patience and empathy. A valuable lesson in humility for all of us can be found in *Your Gut Feelings*. In the preface, Dr. Janowitz writes: "If this book . . . encourages a cooperative dialogue between patients and doctor, then it will have accomplished the author's intent." I can think of no better way to do so.

EDGAR ACHKAR, MD  
Department of Gastroenterology

## STEREOSCOPIC ATLAS OF MACULAR DISEASE: DIAGNOSIS AND TREATMENT

by J. Donald M. Gass  
C. V. Mosby

Few books have been awaited with greater anticipation by ophthalmologists than the third edition of this

now classic text dealing with macular diseases and their diagnosis and treatment. For years, residents in training have religiously marched to my office and carefully scrutinized my well-worn second edition. The new edition has been divided into two attractively packaged volumes. The excellent stereoscopic reels have been retained but extensively updated. Some stereoscopic angiograms are also included. The text has been updated with discussions of newly recognized entities. The references contain a usable, albeit not encyclopedic, list of articles.

The main value of this beautifully organized text is in the masterful interpretation of all aspects of macular diseases by J. Donald M. Gass, MD, a recognized dean of the subject. The wealth of information is tremendous, yet the book is written in an easy and lucid style.

*Stereoscopic Atlas of Macular Disease* belongs in every well-stocked library, and each ophthalmologist in practice or in training should keep this excellent resource close at hand. Dr. Gass is to be congratulated for creating another masterpiece.

Z. NICHOLAS ZAKOV, MD  
Department of Ophthalmology

