



## NEW SERIES

# 1-Minute Consult

**H**OW DOES A PHYSICIAN communicate an important new piece of data to a colleague or discuss the use of a new drug? Often via a brief phone call or hallway conversation — a 1-minute consultation, if you will.

With this issue of the *Cleveland Clinic Journal of Medicine*, we debut a new section — “1-Minute Consult” — designed to bring that type of brief, focused communication to print.

The question and answer format of the “1-Minute Consult” is simple: A specific clinical question of general interest, answered by an expert in the field, based on the latest evidence available. This debut addresses two questions:

- **Should methotrexate be a first-line treatment for rheumatoid arthritis?** This question is answered by William Wilke, MD, of the Cleveland Clinic’s department of rheumatology and immunology.
- **Should all patients with diabetes receive an ACE inhibitor, even those without proteinuria?** This question is answered by Byron Hoogwerf, MD, of the Cleveland Clinic’s department of endocrinology.

Do you like this new series? How would you improve it? And perhaps most importantly, what questions do you want to see answered in the future? Keep in mind, we want to keep most answers to about 1 page, with key references. That means questions must be precise and focused. Feel free to contact us by letter, phone, fax, or e-mail. We want to hear from you!

Sincerely,

JOHN D. CLOUGH, MD  
Editor-in-Chief

PHILLIP E. CANUTO  
Executive Editor

## What Questions Do You Want Answered?

We want to know what questions you want addressed in “1-Minute Consult.” All questions should be on practical, clinical topics and focused on a single issue. You may submit questions by mail, phone, fax, or e-mail.

### MAILING ADDRESS

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We cannot return materials sent and cannot guarantee that all questions will be part of the series. Questions may be edited or recast. Submission of a question constitutes permission for the *Cleveland Clinic Journal of Medicine* to publish it in various editions and forms.