



## Fly-fishing and painting inspire CCJM Art Director's Homeric odyssey

The new picture of Editor-in-Chief John D. Clough, MD, on this page, was drawn by our Medical Art Director, Robert J. Demarest. Bob has been an invaluable member of the *Cleveland Clinic Journal of Medicine* since 1997, when he began to work with us on special illustrations, along with being a key advisor on the overall look of the CCJM.

Many of you may be familiar with Bob's work, even if you don't realize it.

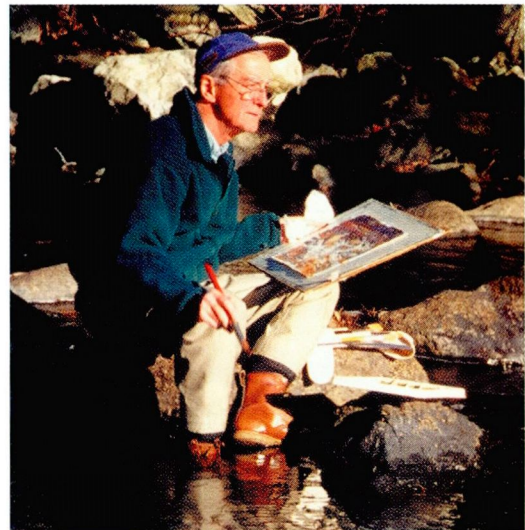
Bob joined the Center of Biomedical Communications, Columbia University College of Physicians and Surgeons after completing training at the University of Pennsylvania and Massachusetts General Hospital. Ultimately, as director, he built a 30-person department with illustration, photography, and video services. But he remained a hands-on illustrator for Columbia's professional staff, and also created many patient education charts. These large, colorful posters have been distributed to physicians across the US—you may find the initials "RJD" on a poster in your office.

Bob has received numerous awards, including his professional association's Lifetime Achievement Award and The Johns Hopkins Medical School's Crosby Medal for Professional Excellence. Among the books and papers he has written is an illustrated book on human reproduction, which was translated into five languages.

His recent retirement gave Bob time to work with CCJM editorial staff. First, he helps us decide which articles to illustrate and what information the illustration should convey. Then he consults with Cleveland Clinic medical illustrators (originally Nancy Heim and now Joe Pangrace and Dave Schumick), who execute the design.

After retiring, Bob's renewed pursuit of two consuming interests—fly-fishing and watercolor painting—led to a third passion, the celebrated American painter Winslow Homer (1836-1910). Ever scouting for great fishing spots, Bob came across one of Homer's favorite fishing and painting places in the Adirondacks. It sparked an interest in Homer that began an odyssey to locales in New York, Florida, Maine, Cuba,

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Medical illustrator Bob Demarest's interest in both fly-fishing and watercolor painting drew him to American painter Winslow Homer's favorite fishing spots in the U.S. and abroad, where Homer painted, in part, to finance his fishing trips.

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Bermuda, and England where Homer fished and painted.

Now Bob lectures on Homer for museums and art societies, and, not surprisingly, fishing clubs. He's almost finished writing a biography, *Traveling with Winslow Homer: Exploring the Sources of His Inspiration*, which he hopes to publish next year.

To his knowledge, Bob is the first Homer biographer to personally visit all these places and fish the same waters as Homer. "A fisherman will go anywhere for the thrill of good fishing," Bob said. "Homer was pragmatic. He picked many of his destinations for the quality of the fishing and often painted to pay for the travel."

We hope you find the fruits of our collaboration with Bob as agreeable, interesting, and informative as we do.



LINDA K. HENGSTLER,  
Editor and Publisher



JOHN D. CLOUGH, MD,  
Editor-in-Chief



Robert J. Demarest. *Casting to a Rise*, 2000. Watercolor, 14" X 20"