TABLE OF CONTENTS

FROM THE EDITOR

On this we agree: The value of healthy debate in medicine 152
The debate on dyspepsia on page 214 illustrates the value of healthy controversy.

J. D. Clough

1-MINUTE CONSULT

Should everyone over age 75 take a multivitamin? 155
Many—perhaps most—seniors are at risk of malnutrition, but age should not be the sole criterion.

C. Moore

MEDICAL GRAND ROUNDS

In preventive cardiology there is no 'One True Thing' 159
In preventing coronary artery disease, the only approach that works is multifactorial, focusing on permanent changes in diet, exercise, and stress management.

F. J. Pashkow

MEDICAL GRAND ROUNDS

New therapies for allergic rhinitis 165
Nearly one fourth of Americans have allergic rhinitis. Newer medications are more effective and have fewer side effects.

D. F. Graft

COMMENTS

Where to draw the line using statins? 169
Lessons from 4S to AFCAPS/TexCAPS
For patients at low risk, a treatment that is beneficial statistically may not be practical or economical. But how should this question be decided? And who should decide?

D. L. Sprecher

CONTINUED ON PAGE 151

The Cleveland Clinic Journal of Medicine (ISSN 0891-1150) is published 12 times yearly by The Cleveland Clinic Foundation.

STATEMENTS AND OPINIONS expressed in the Cleveland Clinic Journal of Medicine are those of the authors and not necessarily of The Cleveland Clinic Foundation or its Board of Trustees.

AUTHOR DISCLOSURES: Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect an author's article as well as any discussion of off-label drug therapies. All authors, except those indicated with an asterisk, have disclosed that they do not have a conflict of interest or will not discuss off-label therapies.

SUBSCRIPTION RATES: U.S. and possessions: personal $95; institutional $108; single copy back issue $13; foreign: $108; single copy back issue $13. Institutional (multiple-reader rate) applies to libraries, schools, hospitals, and federal, commercial, and private institutions and organizations. Individual subscriptions must be in the names of, billed to, and paid by individuals.

POSTMASTER ADDRESS CHANGES: Cleveland Clinic Journal of Medicine, NA2, 9500 Euclid Avenue, Cleveland, OH 44195.

SUBSCRIPTIONS, EDITORIAL, REPRINTS, AND PRODUCTION: (same address as above) Phone (216) 444-2661 • Fax (216) 444-9385 • E-mail ccmj@ccf.org http://www.ccjm.org

ADVERTISING: (same address as above) Phone (216) 444-2661 • Fax (216) 444-9385 • E-mail ccmj@ccf.org http://www.ccjm.org

The Cleveland Clinic Foundation A North American Medical Publishing Company
CONTINUED FROM PAGE 146

REVIEW

Primary pulmonary hypertension: Update on pathogenesis and novel therapies  
Research into biochemical derangements, and new therapies that prolong survival.  
A.C. Arroliga, R.A. Dweik, F.J.T. Kaneko, and S.C. Erzurum

CANCER DIAGNOSIS AND MANAGEMENT

How new technology is changing mammography and breast cancer management  
Improved detection now allows a tailored approach to abnormal findings.  
G. Cardenosa, C.A. Quinn, W.A. Chilcote, M.G. Foglietti, and M.A. Barry

PATIENT INFORMATION

Mammography  

UPDATE ON ACUTE CORONARY SYNDROMES

Adjunctive medical therapy for acute coronary syndromes  
Aspirin, nitrates, beta-blockers, ACE inhibitors, statins, and intra-aortic balloon pumps all have important roles.  
M. Robbins, J.P. Reginelli, and G.S. Francis

GASTROENTEROLOGY DIALOGUE

Eradicating H pylori in nonulcer dyspepsia: 7 reasons for vs 7 reasons against  
A spirited debate between two experts on a contentious topic.  
A.F. Cutler and E. Achkar

DEPARTMENTS

CME Calendar  
CME Credit Test

VISIT OUR WEB SITE AT HTTP://WWW.CCJM.ORG

The Cleveland Clinic Journal of Medicine is peer-reviewed and indexed in Index Medicus.