



TABLE OF CONTENTS

FROM THE EDITOR

Collect the evidence; I'll look at it in a minute 743

We have good evidence and guidelines.
Why aren't we using them more?

B. F. MANDELL

THE CLINICAL PICTURE

A 52-year-old man with sudden onset of a facial rash 745

Questions and answers on the visible signs of diseases.

J. M. BERLIN, O. H. LIFSHITZ, AND J. S. TAYLOR

MEDICAL GRAND ROUNDS

So you're being sued: Do's and don'ts for the defendant 752

You may be dangerously uninformed
about a process you might well have to face:
malpractice litigation.

C. A. CULLEY, JR, AND L. J. SPISAK

CURRENT DRUG THERAPY

The newer antimuscarinic drugs: Bladder control with less dry mouth 761

Tolterodine (Detrol) and extended-release oxybutynin
(Ditropan XL) are replacing immediate-release oxybutynin,
being better tolerated.

R. A. APPELL

REVIEW

Acute ischemic stroke: Is there a role for hypothermia? 770

Preliminary trials suggest that therapeutic hypothermia
is beneficial in acute stroke; larger trials are under way.

M. D. HAMMER AND D. W. KRIEGER

CARDIOVASCULAR BOARD REVIEW

A 74-year-old woman with hemodynamic complications of acute MI 789

A high suspicion is key to early diagnosis and prompt
management of mechanical complications of acute MI.
Advances in echocardiography have made it the key test.

N. SESHADRI, S. GAFFARI, AND W. J. STEWART

CONTINUED ON PAGE 740

CLEVELAND CLINIC JOURNAL OF MEDICINE



JOHN D. CLOUGH, MD *Editor-in-Chief*
BRIAN F. MANDELL, MD, PHD *Deputy Editor*
PETER STUDDER *Publisher*
PHILLIP E. CANUTO *Executive Editor*
GLENN R. CAMPBELL *Executive Editor*
RAY BORAZANIAN *Managing Editor*
DAVID A. HUDDLESTON *Manuscript Editor*
AMY SLUGG MOORE *Patient Education Editor*
BRUCE M. MARICH *Production Manager*
JOHN E. PRESSELLO *Art Director*
ROBERT J. DEMAREST *Medical Art Director*
JOSEPH A. PANGRACE *Medical Illustrator*
DAVID R. SCHUMICK *Medical Illustrator*
JOSEPH KANASZ *Medical Illustrator*
IRIS TRIVILINO *Department Coordinator*
LASONYA CRAWL *Billing/Accounting*

EDITORIAL ADVISORY BOARD

MUZAFFAR AHMAD, MD
WILMA FOWLER BERGFELD, MD
EMMANUEL L. BRAVO, MD
WILLIAM R. HART, MD
ERIC A. KLEIN, MD
FLOYD D. LOOP, MD
DOUGLAS S. MOODIE, MD
RICHARD H. NODAR, PHD
WILLIAM L. PROUDFIT, MD
WILLIAM C. SHELDON, MD
ERIC J. TOPOL, MD
HERBERT P. WIEDEMANN, MD

MANDY C. LEONARD, PHARM D

ANGELO A. LICATA, MD, PHD
DAVID L. LONGWORTH, MD
MAURIE MARKMAN, MD
ATUL C. MEHTA, MD
NEIL B. MEHTA, MD
FRANKLIN A. MICHOTA, MD
STEVEN NISSEN, MD
ROBERT M. PALMER, MD
NORMAN B. RATLIFF, MD
S. SETHU K. REDDY, MD
MARK E. ROSE, MD
MARK ROTH, MD
DOUGLAS SEIDNER, MD
CATHY A. SILA, MD
HOLLY L. THACKER, MD
JAMES THOMAS, MD
DONALD G. VIDT, MD
WILLIAM S. WILKE, MD
MARC WILLIAMS, MD
JAMES B. YOUNG, MD

ASSOCIATE EDITORS

ALEJANDRO C. ARROLIGA, MD
DAVID BRONSON, MD
WILLIAM D. CAREY, MD
BRIAN A. CLARK, PHD, MD
BRIAN G. DONLEY, MD
GARY FRANCIS, MD
KATHLEEN FRANCO-BRONSON, MD
STEVEN M. GORDON, MD
BRIAN GRIFFIN, MD
GARY HOFFMAN, MD
BYRON J. HOOGWERF, MD
MANI S. KAVURU, MD
RITA S. LEE, MD

CLEVELAND CLINIC FOUNDATION DIVISION OF EDUCATION

ANDREW J. FISHLER, MD
Chairman
PHILLIP R. GARD
Administrator

REPRINTS: Marsha Fogler 1-800-482-1450 mfogler@medicalreprints.com

The *Cleveland Clinic Journal of Medicine* (ISSN 0891-1150) is published 12 times
yearly by The Cleveland Clinic Foundation.

STATEMENTS AND OPINIONS expressed in the *Cleveland Clinic Journal of
Medicine* are those of the authors and not necessarily of The Cleveland Clinic
Foundation or its Board of Trustees.

SUBSCRIPTION RATES: U.S. and possessions: personal \$95; institutional \$120;
single copy/back issue \$16. Foreign: \$120; single copy/back issue \$16.
Institutional (multiple-reader rate) applies to libraries, schools, hospitals, and
federal, commercial, and private institutions and organizations. Individual
subscriptions must be in the names of, billed to, and paid by individuals.

POSTMASTER ADDRESS CHANGES: *Cleveland Clinic Journal of Medicine*,
NA32, 9500 Euclid Avenue, Cleveland, OH 44195

SUBSCRIPTIONS, EDITORIAL, BILLING/ACCOUNTING AND PRODUCTION: (same
address as above) Phone (216) 444-2661 Fax (216) 444-9385 E-mail ccjm@ccf.org
<http://www.ccjm.org>

ADVERTISING: Joseph Dennehy, Director, Sales and Marketing, 120 Castle
Ridge Rd, Manhasset, NY 11030 • Phone (516) 365-8640 • Fax (516) 365-0587

AUTHORIZATION TO PHOTOCOPY items for internal or personal use is granted
by the *Cleveland Clinic Journal of Medicine*, ISSN 0891-1150, published by The
Cleveland Clinic Foundation, provided that the appropriate fee is paid directly to
Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923 USA
978-750-8400. Prior to photocopying items for educational classroom use, please
contact Copyright Clearance Center, Inc., at the address above. For permission to
reprint material, please fax your request with complete information to the
Republication department at CCC, fax (978) 750-4470. For further information
visit CCC Online at <http://www.copyright.com>. To order bulk reprints, see above.

AUTHOR DISCLOSURES: This information is intended to apply to CME
articles and non-CME articles that appear in the *Journal*. Current guidelines
state that participants in CME activities should be made aware of any
affiliation or financial interest that may affect an author's article as well as
any discussion of off-label drug therapies. All authors, except those indicated
with an asterisk and a footnote with the article, have disclosed that they do
not have a conflict of interest or do not discuss off-label therapies.





CONTINUED FROM PAGE 738

REVIEW

Poor hypertension control: Let's stop blaming the patients 793

Only 27% of people with hypertension are at goal blood pressure levels, according to government figures. Is it the fault of the patients—or their physicians?

D.J. HYMAN AND V.N. PAVLIK

REVIEW

Elder abuse and neglect: What physicians can and should do 801

If you suspect that an abusive situation exists, what should you do?

M. AHMAD AND M.S. LACHS

REVIEW



Treating hyperglycemia in type 2 diabetes: Changing goals, new strategies 809

A practical perspective on how to use the new oral drugs and insulins, alone and in combination.

H.E. LEBOVITZ

1-MINUTE CONSULT



Brief answers to specific clinical questions

Should exercise electrocardiography be a routine part of the periodic health physical? 821

No, but it is warranted in patients with multiple risk factors if coronary artery disease is suspected.

A. JAIN AND R. LANG

DEPARTMENTS

Letters to the Editor 744

Superior vena cava syndrome

CME Calendar 800

CME Credit Test 823



■ The *Cleveland Clinic Journal of Medicine* is peer-reviewed and indexed in *Index Medicus*.

UPCOMING FEATURES

- Low-carb weight-loss diets reconsidered
- Air travel and DVT: How real is the risk?
- Rethinking pre dental antibiotic prophylaxis
- Update on HPV diagnosis and treatment
- Challenges and choices in chronic pain
- Do isoflavones prevent prostate cancer?
- Who should get bisphosphonates?
- The 'deadly quartet': More than a theory

■ VISIT OUR WEB SITE AT [HTTP://WWW.CCJM.ORG](http://www.ccjm.org)

