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Alternatives to hormone therapy exist, but none is as effective as hormone therapy, and none is approved by the US Food and Drug Administration for this purpose.

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Coping with the symptoms of menopause

EDITORIAL

The sports physical: One-on-one is OK; one-on-300 is not

Too many of the 8 million young athletes in the United States will undergo a preparticipation physical examination that is too cursory to be of much use.

D.S. MOODIE

REVIEW

What kind of physical examination does a young athlete need before participating in sports?

Recommendations exist for preparticipation physical examinations, but there is no national standard, and the recommendations are not widely followed.

T.M. MICK AND R.J. DIMEFF

PATIENT-ORIENTED EVIDENCE THAT MATTERS (POEMS)

- Hormone replacement therapy with estrogen alone increases strokes, decreases fractures
- Virtual colonoscopy not accurate yet
- Antibiotics ineffective for prevention of recurrent MI
- Moxifloxacin is slightly more effective than alternatives in acute exacerbations of chronic bronchitis

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