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He presents with a 1-year history of episodic pain, swelling, and stiffness in some of the metacarpophalangeal and proximal interphalangeal joints of his fingers. What is the most likely diagnosis?

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The goal of asthma therapy is to achieve control, thereby reducing current impairment and future risk. Asthma control can be assessed serially by using validated instruments.

D.M. LANG

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**Perioperative statins:**

More than lipid-lowering?

Soon, the checklist for internists seeing patients about to undergo surgery may include prescribing one of the lipid-lowering drugs called statins.

L.S. Feldman and D.J. Brotman

**Review**

What is the proper workup of a patient with hypertension?

If we were to launch an intensive workup for every patient with high blood pressure, the cost and effort would be enormous. Fortunately, accurate blood pressure measurement, a focused history and physical examination, and a handful of basic tests are often enough.

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A case of refractory diarrhea

She has a history of irritable bowel syndrome, but could it be something more? A self-test on a clinical case.

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