## FROM THE EDITOR

**Finding the right target for treating Alzheimer disease**  
It is not always easy to pick a therapeutic target. Sometimes, potential targets are actually embers of the pathologic process rather than flames driving the disease.

*B.F. Mandell*

### 1-MINUTE CONSULT

**Should healthy people take a multivitamin?**  
No. There is no scientific basis for recommending vitamin-mineral supplements to the healthy population.

*B. Caballero*

### COMMENTARY

**Bringing home the 'medical home' for older adults**  
We may be able to improve the care of our vulnerable older patients—and control costs—by taking their primary care to their own homes.

*S.H. Landers, P. Suter, and B. Hennessy*

### EDITORIAL

**Is there a doctor in your house?**  
Home health care of the future  
A modernized, efficient, effective home health care system would be a welcome improvement on the patchwork system we have had for the past 30 years.

*J. Hickner*

### REVIEW

**Taking blood pressure: Too important to trust to humans?**  
The reality of blood pressure measurement is that human beings do not do it very well. The time has come to delegate this job to machines that can do it better.

*D.G. Vidt, R.S. Lang, R.J. Seballos, A. Misra-Hebert, J. Campbell, and J.F. Bena*

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Alzheimer disease prevention: 689
Focus on cardiovascular risk, not amyloid?
Efforts to modify the course of Alzheimer disease have, until now, been based on altering the production or clearance of beta-amyloid. Results have been disappointing.

D.S. Geldmacher

Noninvasive positive pressure ventilation 705
for stable outpatients: CPAP and beyond
We discuss the different types of noninvasive positive pressure ventilation, the specific conditions in which they can be used, and the evidence supporting their efficacy in outpatients.

T. Theerakittikul, B. Ricaurte, and L.S. Aboussouan

Management of hyponatremia: 715
Providing treatment and avoiding harm
Undercorrection of acute symptomatic hyponatremia can lead to serious neurologic injury, but so can overly rapid correction of chronic hyponatremia.

C. Vaidya, W. Ho, and B.J. Freda

Palmoplantar eruption 729
A 38-year-old woman with a history of episodes of arthritis presents with pustules on the palms and on the soles of her feet. What is the most likely diagnosis?


Directions for taking CME tests online 735
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