

TABLE OF CONTENTS

Online
Features

Let us alert you to timely articles that appear in *Cleveland Clinic Journal of Medicine*

Sign up for *Cleveland Clinic Journal of Medicine eTOCs* (electronic Table of Contents)

eTOCs is a free service that provides the Table of Contents or a notification of availability when new issues of *Cleveland Clinic Journal of Medicine* are published online

To sign up, go to www.ccmj.org and click on "E-MAIL ALERTS (FREE)"



FROM THE EDITOR

Why is fixing the plumbing so difficult? 840

For carotid stenosis, a catheter-based procedure would seem safer than endarterectomy, but reality is not always so simple.

B.F. MANDELL

THE CLINICAL PICTURE.....

Cornflake-like scales on the ankles and feet 848

An 81-year-old woman presents with slowly growing, asymptomatic lesions on both feet and ankles. Which test should be ordered to establish the diagnosis?

C. GÓMEZ-FERNÁNDEZ, B.C. VERRIER, L.S. CANALEJAS, R.M.A. DE CELADA, AND P.H. PINTO

CURRENT DRUG THERAPY

MAO inhibitors: Risks, benefits, and lore 859

Monoamine oxidase inhibitors were the first antidepressants introduced. Interest in their use is reviving.

M. WIMBISCUS, O. KOSTENKO, AND D. MALONE

1-MINUTE CONSULT

Should alpha-blockers ever be used as antihypertensive drugs? 884

They are not first-line drugs, but they can be second-line or third-line add-on drugs if blood pressure is not under control.

G. ROSSITTO, G. KAMATH, AND F.H. MESSERLI

INTERPRETING KEY TRIALS.....

Understanding the CREST results. Carotid stenting vs surgery: Parsing the risk of stroke and MI 892

For patients with carotid artery stenosis, percutaneous intervention with stenting is as good as surgery—with some qualifications.

O. AKSOY, S.R. KAPADIA, C. BAJZER, W.M. CLARK, AND M.H. SHISHEBOR



CONTINUED ON PAGE 838

CONTINUED FROM PAGE 837

CME CREDIT MEDICAL GRAND ROUNDS 903

**Vitamin D and the heart:
Why we need large-scale clinical trials**

Despite enthusiasm for vitamin D, no large-scale primary prevention trial has used cardiovascular disease or cancer as a prespecified primary outcome.

J.E. MANSON

CME CREDIT REVIEW 911

**The homocysteine hypothesis:
Still relevant to the prevention
and treatment of cardiovascular disease?**

Elevated homocysteine is a risk factor, and vitamins lower homocysteine levels. But does vitamin supplementation prevent cardiovascular events?

J.M. ABRAHAM AND L. CHO

CME CREDIT REVIEW 919

**Managing gout:
How is it different in patients
with chronic kidney disease?**

The goals are the same, but the choice and dosage of drugs may need to be modified.

H. EL-ZAWAWY AND B.F. MANDELL

DEPARTMENTS 843

Letters to the Editor

Readers comment on nutritional supplementation after bariatric surgery (July 2010) and on glucocorticoid-induced osteoporosis (August 2010).

CME Calendar 856

Index to Volume 77 929

Directions for taking CME tests online 933

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: December 1, 2010

Expiration date: November 30, 2011

UPCOMING FEATURES

- Goal-directed BP therapy: Benefits and pitfalls
- Proton pump inhibitor side effects and interactions: Much ado about nothing?
- Managing bloodstream infections in patients with central venous catheters
- Anorexia nervosa's effects on bone health
- It's time to treat HIV like a normal disease
- Do patients with artificial joints need antibiotics before dental work?
- Managing symptoms: An important part of cancer care
- Interpreting the estimated GFR in primary care



DEDICATED TO LIFELONG LEARNING
CLEVELAND
CLINIC
JOURNAL OF
MEDICINE