# Table of Contents

## FROM THE EDITOR

**Important changes to our CME program** 71
Starting this month, readers can earn CME credit on a per-article basis. Each article that bears the CME logo is a separate CME test, each worth 1 credit.

B.F. MANDELL

## COMMENTARY

**Sorting through the recent controversies** 76
in breast cancer screening

Despite the new US recommendations, we continue to recommend yearly mammograms for most women, starting at age 40.

H.C.F. MOORE, G.T. BUDD, A. SIKON, A. RIM, M. CHELLMAN-JEFFERS, and J. CROWE

## THE CLINICAL PICTURE

**Thick skin on the back** 90
An obese woman with long-standing uncontrolled type 2 diabetes mellitus presents with indurated thickening of the skin on her back. What is the diagnosis?

G. ASHRITH and R. ARORA

## MEDICAL GRAND ROUNDS

**Controversies in non-ST-elevation acute coronary syndromes and percutaneous coronary interventions** 101
An update on recent studies of treatment strategies, including stenting and antiplatelet agents.

D.L. BHATT

## CURRENT DRUG THERAPY

**Omeprazole and clopidogrel: Should clinicians be worried?** 113
The FDA has warned of a possible interaction between omeprazole (Prilosec) and clopidogrel (Plavix), but for the time being we should not change the way we manage patients.

J.P. DEPTA and D.L. BHATT

CONTINUED ON PAGE 70
CONTINUED FROM PAGE 66

IM BOARD REVIEW

A 40-year-old man with spells of generalized weakness and paresthesias

A 40-year-old man who works as a roofer has begun to experience episodes of generalized weakness, perioral numbness, and diffuse paresthesias. What is the cause?

D.L. NGUYEN, S. KHAMBATTA, J.B. EICKSTAEDT, AND D.R. NELSON

PREVENTING VENOUS THROMBOEMBOLISM IN LONG-TERM CARE RESIDENTS: CAUTIOUS ADVICE BASED ON LIMITED DATA

More research is needed to ascertain which long-term care residents would benefit most from anticoagulant prophylaxis. In the absence of evidence-based guidelines, we advocate a selective approach.

M. PAI AND J.D. DOUKETIS

UPCOMING FEATURES

- Stenting atherosclerotic renal arteries: Time to be less aggressive
- How to evaluate mildly elevated liver enzymes
- Treating silent GERD does not help asthma
- The JUPITER trial: Should we give statins to prevent venous thromboembolism?
- MAO inhibitors: A second look
- Reducing the health risks of foreign travel
- Measles: Not just a childhood rash

DEPARTMENTS

Letters to the Editor

Readers comment on kidney stones (October 2009) and on fragility fractures in patients with chronic kidney disease (December 2009).

CME calendar

2009 Reviewers

Directions for taking CME tests online

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: February 1, 2010
Expiration date: January 31, 2011