The pretravel visit: 224
A ‘teaching moment’

Often, a pretravel visit is also a good time to introduce concepts of preventive health to patients who might not otherwise be accessible or amenable.

B.F. MANDELL

The Clinical Picture

Giant nodules on the hands 225
A 78-year-old man with hyperuricemia treated with allopurinol presents with asymptomatic nodules on both hands. What is the most likely diagnosis?

S. ARIAS-SANTIAGO, J. ANEIROS-FERNÁNDEZ, H. HUSEIN-EL-AHMED, M.S. GIRON-PRIETO, M.A. FERNÁNDEZ-PUGNAIRE, AND R. NARANJO-SINTES

Bony bridge of a bifid rib 232
A 21-year-old man presents with 3 days of cough and hemoptysis. A chest x-ray reveals a congenital anomaly.

E. KUPELI AND G. ULUBAY

Breaking the cycle of medication overuse headache 236
Some migraine patients fall into a trap by overusing their headache medications. Fortunately, we can break the cycle.

S.J. TEPPER AND D.E. TEPPER

CONTINUED ON PAGE 220
CONTINUED FROM PAGE 218

REVIEW

Risks of travel, benefits of a specialist consult

Before going abroad to risky areas, most people ought to visit their primary care physicians, and many should be referred to a specialist in travel medicine.

B. POWELL AND C. FORD

REVIEW

Vaccine update 2010: Keeping up with the changes

Changes and additions to the vaccination schedule for children, adolescents, and adults.

D. CAMPOS-OUTCALT

THE CLINICAL PICTURE

The Courvoisier sign

A 60-year-old woman has had jaundice, dark-colored urine, and light-colored stools for the past several days. On examination, her gallbladder is palpable.

M.A. PARSI

REVIEW

New tools for detecting occult monoclonal gammopathy, a cause of secondary osteoporosis

Osteoporosis can be the presenting sign of a monoclonal gammopathy, which in some people may precede a diagnosis of multiple myeloma.

B. FAIMAN AND A.A. LICATA

DEPARTMENTS

CME calendar

Directions for taking CME tests online

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: April 1, 2010
Expiration date: March 31, 2011