BREAKING THE CYCLE OF MEDICATION OVERUSE HEADACHE

Some migraine patients fall into a trap by overusing their headache medications. Fortunately, we can break the cycle.

S.J. TEPPER AND D.E. TEPPER

1-MINUTE CONSULT

When should serum amylase and lipase levels be repeated in a patient with acute pancreatitis? In general, repeating these measurements has no value once the diagnosis of acute pancreatitis is made.

B. YEGNESWARAN AND C.S. PITCHUMONI

THE CLINICAL PICTURE

Bony bridge of a bifid rib

A 21-year-old man presents with 3 days of cough and hemoptysis. A chest x-ray reveals a congenital anomaly.

E. KUPELLI AND G. ULUBAY
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REVIEW

Left ventricular hypertrophy, an often overlooked cardiac risk factor

Before going abroad to risky areas, most people ought to visit their primary care physicians, and many should be referred to a specialist in travel medicine.

B. Powell and C. Ford

Vaccine update 2010: Keeping up with the changes

Changes and additions to the vaccination schedule for children, adolescents, and adults.

D. Campos-Outcalt

The Courvoisier sign

A 60-year-old woman has had jaundice, dark-colored urine, and light-colored stools for the past several days. On examination, her gallbladder is palpable.

M.A. Parsi

New tools for detecting occult monoclonal gammopathy, a cause of secondary osteoporosis

Osteoporosis can be the presenting sign of a monoclonal gammopathy, which in some people may precede a diagnosis of multiple myeloma.

B. Faiman and A.A. Licata

UPCOMING FEATURES

- Left ventricular hypertrophy, an often overlooked cardiac risk factor
- Laryngopharyngeal reflux: Unanswered questions
- Should patients with mild asthma take inhaled corticosteroids?
- Is liver biopsy obsolete?
- Can asthma patients take beta-blockers?
- Bariatric surgery: Can it cure type 2 diabetes mellitus?
- Resistant epilepsy: When to refer
- Making the most of available bowel preparations for colonoscopy

THE CLINICAL PICTURE

DEPARTMENTS

CME calendar

Directions for taking CME tests online

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: April 1, 2010
Expiration date: March 31, 2011