THE CLINICAL PICTURE

Recurrent spontaneous pneumothorax

The patient, a 26-year-old woman, also has many nodular lesions on her face, a hypopigmented lesion on her thigh, and a fleshy plaque on her back. What is the diagnosis?

A. GUPTA, B. PATEL, K. ALMOOSA, and B.J. MCELVY

An erythematous plaque on the arm

A 68-year-old farmer presents with an asymptomatic lesion that appeared spontaneously 5 months ago and has grown progressively. What is the diagnosis?

S. ARIAS-SANTIAGO, J. ANEIROS-FERNÁNDEZ, H. HUSEIN EL-AHMED, P. BURKHARDT-PÉREZ, and R. NARANJO-SINTES

IM BOARD REVIEW

Difficulty swallowing solid foods; food ‘getting stuck in the chest’

A 61-year-old woman has had alarming symptoms for the last 4 weeks. Which test will you order now?

M.A. KHAN, B.K. JOHN, B.A. LASHNER, and D.F. KIRBY

1-MINUTE CONSULT

Should patients with mild asthma use inhaled steroids?

Yes—but only if we consider the severity of the asthma, the goals of therapy, and the benefits and risks.

S.R. ABOUHASSAN and D.M. LANG

CONTINUED ON PAGE 343
CONTINUED FROM PAGE 340

REVIEW ..............................................................................................................

Incidence, outcomes, and management of bleeding in non-ST-elevation acute coronary syndromes 369

Powerful antithrombotic and antiplatelet drugs and percutaneous interventions pose risks of bleeding. Fortunately, the risk can be managed.

A. GUTIERREZ AND S.V. RAO

REVIEW ..............................................................................................................

Left ventricular hypertrophy: An overlooked cardiovascular risk factor 381

Antihypertensive treatment that causes left ventricular hypertrophy to regress also decreases rates of cardiovascular morbidity and death, independently of how much the blood pressure is lowered.

M.A. BAUML AND D.A. UNDERWOOD

REVIEW ..............................................................................................................

Update on the management of hirsutism 388

Hirsutism causes considerable anxiety in women. Although it is itself benign, it is often the sign of an underlying and possibly serious endocrine condition.

S. HARRISON, N. SOMANI, AND W.F. BERGFELD

DEPARTMENTS ........................................................................................................

CME calendar 339

Financial disclosure for associate editors 347

Directions for taking CME tests online 399

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: June 1, 2010
Expiration date: May 31, 2011