IM BOARD REVIEW

Difficulty swallowing solid foods; food ‘getting stuck in the chest’

A 61-year-old woman has had alarming symptoms for the last 4 weeks. Which test will you order now?

M.A. KHAN, B.K. JOHN, B.A. LASHNER, AND D.F. KIRBY

THE CLINICAL PICTURE

An erythematous plaque on the arm

A 68-year-old farmer presents with an asymptomatic lesion that appeared spontaneously 5 months ago and has grown progressively. What is the diagnosis?

S. ARIAS-SANTIAGO, J. ANEIROS-FERNÁNDEZ, H. HUSEIN EL-AHMED, P. BURKHARDT-PÉREZ, AND R. NARANJO-SINTES

THE CLINICAL PICTURE

Recurrent spontaneous pneumothorax

The patient, a 26-year-old woman, also has many nodular lesions on her face, a hypopigmented lesion on her thigh, and a fleshy plaque on her back. What is the diagnosis?

A. GUPTA, B. PATEL, K. ALMOOSA, AND B.J. MCELVY

1-MINUTE CONSULT

Should patients with mild asthma use inhaled steroids?

Yes—but only if we consider the severity of the asthma, the goals of therapy, and the benefits and risks.

S.R. ABOUHASSAN AND D.M. LANG

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S.R. ABOUHASSAN AND D.M. LANG
UPCOMING FEATURES

- Bariatric surgery: A cure for type 2 diabetes?
- Do new tests make liver biopsy obsolete?
- Menstrual manipulation: Options for suppressing the cycle
- Electronic medical records: Do they really improve care?
- Can asthma patients take beta-blockers?
- Managing coronary risk in HIV patients
- Does coenzyme Q lower blood pressure, prevent statin myalgia?
- Drug-resistant epilepsy: When to refer

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REVIEW

Incidence, outcomes, and management of bleeding in non-ST-elevation acute coronary syndromes

Powerful antithrombotic and antiplatelet drugs and percutaneous interventions pose risks of bleeding. Fortunately, the risk can be managed.

A. GUTIERREZ AND S.V. RAO

Left ventricular hypertrophy: An overlooked cardiovascular risk factor

Antihypertensive treatment that causes left ventricular hypertrophy to regress also decreases rates of cardiovascular morbidity and death, independently of how much the blood pressure is lowered.

M.A. BAUML AND D.A. UNDERWOOD

Update on the management of hirsutism

Hirsutism causes considerable anxiety in women. Although it is itself benign, it is often the sign of an underlying and possibly serious endocrine condition.

S. HARRISON, N. SOMANI, AND W.F. BERGFELD

DEPARTMENTS

CME calendar

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