Table of Contents

From the Editor
The bittersweet of steroid therapy 709
Every physician has had patients with the long-term effects of glucocorticoid therapy, including diabetes.
B.F. MANDELL

The Clinical Picture
An erythematous plaque on the nose 728
A 38-year-old woman presents with a lesion that appears during periods of cold weather. What is the most likely diagnosis?

The Clinical Picture
Osborn waves: An inverse correlation with core body temperature 734
Classic electrocardiographic findings in hypothermia include J waves, which become higher in amplitude the lower the core body temperature.
H.R. OMAR and H.D. ABDELMALAK

Review
Cervical cancer screening: Less testing, smarter testing 737
The latest guidelines call for less frequent but smarter screening that integrates human papillomavirus testing with the Papanicolaou test.
X.W. JIN, A. SIKON, and B. YEN-LIEBERMAN

CONTINUED ON PAGE 714

Online Features

Free e-mail alerts
To receive your free e-mail Table of Contents (eTOC) when a new issue of the Cleveland Clinic Journal of Medicine is released, just click on “Alerts” from any page at www.ccjm.org.

It is quick and easy. All you need is your e-mail address. No other registration information is required.

Social Networking
To post a CCJM article to Facebook or your favorite social networking site, just click on the icon at the bottom of any article.
NOVEMBER 2011

CONTINUED FROM PAGE 710

REVIEW .................................................................

Glucocorticoid-induced diabetes and adrenal suppression: How to detect and manage them
Choosing specific drugs to counter hyperglycemia, tests for adrenal suppression and systemic glucocorticoid absorption, and how and why to taper these drugs.

M.C. LANSANG AND L.K. HUSTAK

REVIEW .................................................................

Nocturia in the elderly: A wake-up call
Nocturia is common, but elderly patients infrequently volunteer this complaint, and even when they do, some clinicians may dismiss it.

V. VARILLA, R.V. SAMALA, D. GALINDO, AND J. CIOCON

PATIENT INFORMATION

Do you get up a lot at night to go to the bathroom?

765

DEPARTMENTS ...........................................................

CME Calendar 717

Letters to the Editor 720
Readers comment on the management of atrial fibrillation (April 2011) and on angioedema due to angiotensin-converting inhibitors and related drugs (May 2011).

Directions for taking CME tests online 767
To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.
Release date: November 1, 2011
Expiration date: October 31, 2012

UPCOMING FEATURES

- Congestive heart failure in frail older patients: Keep ‘MORE’ in mind
- Essential tremor: Choosing the right management plan for your patient
- Recognizing, addressing disparities in health care
- Bioidentical hormones: Clarifying the misconceptions
- Classifying and treating the spectrum of skin and soft-tissue infections
- The promise and problems of personalized care
- Should target natriuretic peptide levels be used in managing chronic heart failure?