# Table of Contents

## From the Editor

**Quality, frailty, and common sense**
Ideal management of the frail elder with severe congestive heart failure is not always a matter of devices and drugs.

*B.F. Mandell*

## IM Board Review

**A 25-year-old man with very high alkaline phosphatase**
He has generalized malaise, a palpably enlarged liver, and an alkaline phosphatase level of 1,307 U/L. What is the cause?

*J.M. Esfeh, I.A. Hanounéh, and N.N. Zein*

**A 54-year-old woman with pancytopenia**
Her red blood cell, white blood cell, and platelet counts are all low. What is the cause?

*A.D. Timothy, A. Jegalian, and A.E. Lichtin*

## The Clinical Picture

**A less common source of dyspnea in scleroderma**
A 48-year-old man with scleroderma reports progressive shortness of breath, fatigue, and melena over the past month. What is the link?

*F. Al Tahawi and M.C. Alraies*

**Presumed premature ventricular contractions**
The electrocardiogram shows what appear to be premature ventricular contractions. But are they?

*M. Auron and D. Underwood*

## CONTINUED ON PAGE 776
Continued from page 773

**Review**

**Essential tremor:** 821
**Choosing the right management plan for your patient**
Successful management entails excluding secondary causes, carefully selecting drug therapy, and, in severe resistant or atypical cases, referring to a specialist.

H. Abboud, A. Ahmed, and H.H. Fernandez

**Current Drug Therapy**

**Bioidentical hormone therapy:** 829
**Clarifying the misconceptions**
Many women are turning to bioidentical hormone therapy on the basis of misconceptions, which we hope to clarify.

L. Pattimakiel and H.L. Thacker

**Review**

**Heart failure in frail, older patients:** 837
**We can do ‘MORE’**
A comprehensive approach is necessary in managing heart failure in frail older adults. Physicians need to draw from the fields of internal medicine, geriatrics, and cardiology.

R.V. Samala, V. Navas, E. Saluke, and J.O. Ciocon

**Departments**

Index to Volume 78 780

Letters to the Editor 785
Readers comment on negative U waves (August 2011) and on dabigatran (October 2011).

CME Calendar 792

Correction 787

Directions for taking CME tests online 846
To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: December 1, 2011
Expiration date: November 30, 2012