CLEVELAND CLINIC JOURNAL OF MEDICINE

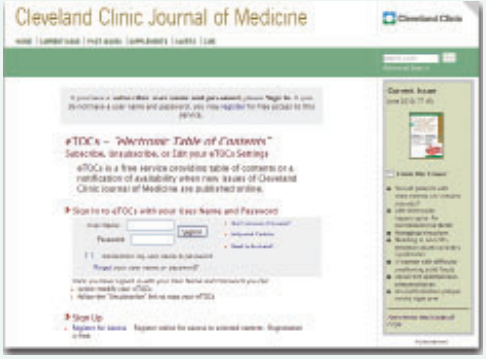
Online Features

Let us alert you to timely articles that appear in ***Cleveland Clinic Journal of Medicine***

eTOCs is a free service that provides the Table of Contents or a notification of availability when new issues of ***Cleveland Clinic Journal of Medicine*** are published online

Sign up for ***Cleveland Clinic Journal of Medicine*** eTOCs (electronic Table of Contents)

To sign up, go to www.ccjm.org and click on **"E-MAIL ALERTS (FREE)"**



FEBRUARY 2011

TABLE OF CONTENTS

FROM THE EDITOR

Hypertension: Don't worry about the J curve—treat the patient 74

Concerns over being too aggressive remain theoretical. A far greater problem is that we are still not successfully treating hypertension to even a conservative target.

B.F. MANDELL

1-MINUTE CONSULT

How should one investigate a chronic cough? 84

First, take the history, perform a physical examination, and order a chest radiograph.

R.P.H. TOFTS, G. FERRER, AND E. OLIVEIRA

COMMENTARY

Caring for VIPs: Nine principles 90

When the patient is a "very important person," the health care team should resist pressure to bend the rules.

J.A. GUZMAN, M. SASIDHAR, AND J.K. STOLLER

MEDICAL GRAND ROUNDS — CME CREDIT

Seek and treat: HIV update 2011 95

Clinicians should routinely and matter-of-factly test patients for human immunodeficiency virus infection, just as they screen for other diseases.

A. TAEGE

REVIEW — CME CREDIT

Airway pressure release ventilation: An alternative mode of mechanical ventilation in acute respiratory distress syndrome 101

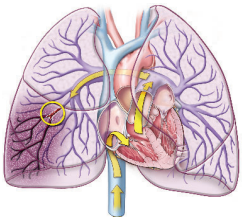
This mode may be useful in situations in which the lungs need to be recruited (reinflated) and held open.

A. MODRYKAMIEN, R.L. CHATBURN, AND R.W. ASHTON

CONTINUED ON PAGE 70

CONTINUED FROM PAGE 69

CME CREDIT REVIEW



Air travel and venous thromboembolism: Minimizing the risk 111

Blood clots can occur during air travel, although the absolute risk is low. People with hypercoagulable conditions are at greater risk and may need prophylaxis.

J.R. BARTHOLOMEW, J.L. SCHAFFER, AND G.F. MCCORMICK

PATIENT INFORMATION

Exercises for air travel 121

CME CREDIT REVIEW

Goal-directed antihypertensive therapy: Lower may not always be better 123

At least 16 trials have been done in which patients were randomly assigned different blood pressure goals. Surprisingly, they did not show that a lower target offered significant clinical benefit, and they suggest the potential for harm.

E.J. FILIPPONE, A. FOY, AND E. NEWMAN

DEPARTMENTS

CME Calendar 75

Correction: Gout in patients with chronic kidney disease 80

The last three references were numbered incorrectly in the paper by Drs. Hossam El-Zawawy and Brian F. Mandell, "Managing gout: How is it different in patients with chronic kidney disease?" (Cleve Clin J Med 2010; 77:919–928).

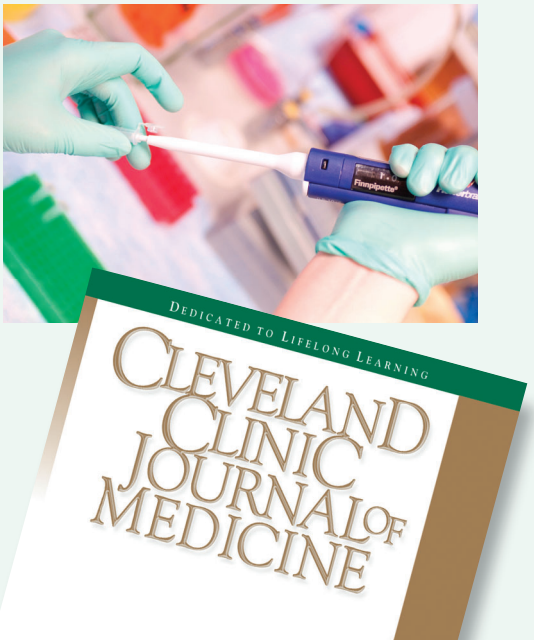
Letters to the editor 81

A reader comments on the use of monoamine oxidase inhibitors to treat depression (December 2010) and on the treatment of gout in patients with chronic kidney disease (December 2010).

Reviewers 2010 134

Directions for taking CME tests online 135

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.
Release date: February 1, 2011
Expiration date: January 31, 2012

UPCOMING FEATURES

- Interpreting the estimated glomerular filtration rate in primary care
- Immune thrombocytopenia: No longer idiopathic, not always purpuric
- Malignant bowel obstruction: Individualized care necessary
- Meeting the health care needs of lesbian, gay, bisexual, and transgender patients
- Giant cell arteritis Suspect it, treat it promptly
- Cancer pain: Frequently asked questions
- What is dronedarone's role in atrial fibrillation?
- Visceral angioedema due to ACE inhibitors