

# TABLE OF CONTENTS

**FROM THE EDITOR** .....

**Talking to patients:  
Barriers to overcome** **90**

Not all patients think like doctors, but *we* need to be able to think like patients.

B.F. MANDELL

**REVIEW** .....

**Posttraumatic stress disorder,  
depression, and suicide in veterans** **92**

In military veterans, depression, posttraumatic stress disorder, and suicidal thoughts are common and closely linked.

L. SHER, M.D. BRAQUEHAIS, AND M. CASAS

**THE CLINICAL PICTURE** .....

**A 48-year-old woman with an echymotic rash** **102**

Her test results satisfied the criteria for a lupus anticoagulant. What is the most likely diagnosis?

S. CHATTERJEE AND R.J. TUTHILL

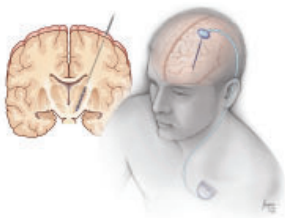
**THE CLINICAL PICTURE** .....

**Chest pain followed by sudden collapse** **110**

A 51-year-old man, resuscitated from ventricular fibrillation, has ST elevation in leads V<sub>1</sub> and V<sub>2</sub>. What is the likely cause?

H.R. OMAR

**MEDICAL GRAND ROUNDS** .....



**Deep brain stimulation:  
What can patients expect from it?** **113**

Its indications (particularly movement disorders), risks, and benefits, and what is involved before, during, and after implantation.

A. MACHADO, H.H. FERNANDEZ, AND M. DEOGAONKAR

CONTINUED ON PAGE 87

# CLEVELAND CLINIC JOURNAL OF MEDICINE

## Online Features

### Free e-mail alerts

To receive your free e-mail Table of Contents (eTOC) when a new issue of the *Cleveland Clinic Journal of Medicine* is released, just click on "Alerts" from any page at [www.ccm.org](http://www.ccm.org).

It is quick and easy. All you need is your e-mail address. No other registration information is required.

### Social Networking

To post a *CCJM* article to Facebook or your favorite social networking site, just click on the icon at the bottom of any online article.



# UPCOMING FEATURES

- **Protease inhibitors: Silver bullets for hepatitis C?**
- **Asthma in African Americans: What can we do about the disturbing trends?**
- **Contraceptive options: A case-based discussion**
- **Acute community-acquired bacterial meningitis in adults**
- **The promise and problems of personalized care**
- **Acute community-acquired bacterial meningitis in adults**



DEDICATED TO LIFELONG LEARNING  
**CLEVELAND CLINIC JOURNAL OF MEDICINE**

CONTINUED FROM PAGE 84

**REVIEW** ..... **CME CREDIT**

**Finding the cause of acute kidney injury: Which index of fractional excretion is better?** 121

In patients on diuretics, fractional excretion of urea should be used in preference to fractional excretion of sodium.

J. GOTFRIED, J. WIESEN, R. RAINA, AND J.V. NALLY JR

**ADDRESSING DISPARITIES IN HEALTH CARE** ..... **CME CREDIT**

**Overcoming health care disparities via better cross-cultural communication and health literacy** 127

Health care disparities have multiple causes. Poor communication is a cause that can be modified.

A.D. MISRA-HEBERT AND J.H. ISAACSON

**MEDICAL GRAND ROUNDS** ..... **CME CREDIT**

**New and future therapies for lupus nephritis** 134

Clinical trials show that less-toxic drugs, such as mycophenolate mofetil, are as effective as older, more-toxic ones.

G.B. APPEL

**IM BOARD REVIEW** ..... **CME CREDIT**

**A 37-year-old man with a chronic cough** 141

When asked, he revealed that he had been diagnosed with human immunodeficiency virus infection but had not been taking his medication.

S.M. PATEL, S.S. PATEL, AND R. MYERS

**DEPARTMENTS** ..... **CME CREDIT**

**CME Calendar** 133

**Directions for taking CME tests online** 151

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to [www.ccjm.org](http://www.ccjm.org) to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.

Release date: February 1, 2012  
 Expiration date: January 31, 2013