Movement Disorders: Therapy Update for the Modern Clinician

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Introduction

The pharmacologic options for movement disorders are increasing, with more than 12 drugs available in the United States for treatment of Parkinson disease (PD) and many more under investigation. In addition, some patients with movement disorders may be candidates for surgical therapies. Still, challenges remain. Early PD requires skillful decision-making to maximize the potential benefits of levodopa, for example. Expertise is necessary to select appropriate candidates for deep brain stimulation and other surgical options. Developing a management plan for patients who have Huntington disease requires considerable proficiency.

This *Cleveland Clinic Journal of Medicine* supplement addresses these and other challenges faced by clinicians who care for patients with movement disorders. The supplement, a continuing medical education activity, presents the proceedings of a symposium, "The Annual Therapy Symposium on Movement Disorders for the Modern Clinician," held in Fort Lauderdale, Florida, on January 29, 2011. Clinicians who read the proceedings will find guidance for selection of pharmacologic therapy, a detailed explanation of deep brain stimulation, practical recommendations for managing motor and nonmotor complications of PD, and other useful information that will enhance the care of patients with movement disorders.

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