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## From the Editor

**Guidelines or a plea for help?**

The US Preventive Services Task Force (USPSTF) recently published a guideline on the use of calcium and vitamin D supplements to prevent fractures in adults. I agree with two-thirds of their recommendations.

*B.F. Mandell*

## Commentary

**Should healthy people take calcium and vitamin D to prevent fractures?**

What the US Preventive Services Task Force and others say

The USPSTF recently threw cold water on the use of these supplements, but the findings need to be put in context.

*R.K. Dore*

## Review

**Medication-assisted treatment of opiate dependence is gaining favor**

Recovering addicts are more likely to avoid returning to the use of opiates if they participate in a program that includes taking maintenance doses of methadone or buprenorphine.

*J.M. Jerry and G.B. Collins*

## Medical Grand Rounds

**Managing severe acute pancreatitis**

Progress in managing this disease has been disappointing, but clinicians are learning to recognize it and treat it supportively better than in the past.

*T. Baron*

## The Clinical Picture

**Stiff, numb hands**

A 45-year-old woman presents to the emergency room with cramps and paresthesias in her hands and feet. What is going on?

*K. Shaheen and S. Merugu*

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