FROM THE EDITOR

Return of the ‘pisse-mongers,’ this time with data
Urinalysis may be the oldest surviving laboratory test. Both Hippocrates and Galen recognized its value.
B.F. MANDELL

COMMENTARY

New cholesterol guidelines: Worth the wait?
An appraisal of the controversial new guidelines, with case scenarios illustrating their advantages and shortcomings.
C. RAYMOND, L. CHO, M. ROCCO, AND S.L. HAZEN

THE CLINICAL PICTURE

Deep T waves and chest pain
After 3 hours of chest pain, a 67-year-old man presented with deep symmetric T-wave inversions in the precordial leads, a prognostically significant finding.

1-MINUTE CONSULT

Do all hospitalized patients need stress ulcer prophylaxis?
No. Only critically ill patients who meet specific criteria should receive it.
N. EISA, F. BAZERBACHI, A.H. ALRAIYES, AND M. CHADI ALRAIES

IM BOARD REVIEW

An 85-year-old with muscle pain
When preventive therapy causes side effects, physicians face a dilemma.
D. SNIPELISKY AND F. STANCAMPiano
PERSONALIZING PATIENT CARE

How to spot heritable breast cancer: A primary care physician’s guide
Many patients may benefit from referral to a cancer genetics program for assessment, counseling, and consideration of testing.

M. SMITH, J. MESTER, AND C. ENG

Review

Albuminuria: When urine predicts kidney and cardiovascular disease
Not only a precursor to diabetic nephropathy, albuminuria has been linked to adverse cardiovascular outcomes and death.

R. STEPHEN, S.E. JOLLY, J.V. NALLY Jr., AND S.D. NAVANEETHAN

Review

Obesity in the elderly: More complicated than you think
Treatment of obesity in older adults is controversial because of inadequate guidelines and the obesity paradox, the apparently protective effect of obesity with age.

D.C. CETIN AND G. NASR

Departments

CME Calendar

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UPCOMING FEATURES

Anticoagulant, antiplatelet drugs in acute coronary syndromes

Anti-TNF drugs: Managing the risks

Medical consequences of eating disorders

Don’t forget non-Alzheimer dementias

Acute and critical limb ischemia: When time is limb

Why study cardiovascular outcomes in type 2 diabetes?

Sexually transmitted disease update—2014