From the Editor

Polycystic kidney disease: Molecular understanding dictating management

It was the early 1980s, I was a resident in the emergency room, and the patient had fever, flank pain, hypotension, and a normal urinalysis.

B.F. Mandell

The Clinical Picture

Hypertrophic cardiomyopathy apical variant

When a professional soccer player required ankle surgery, his electrocardiogram showed several abnormalities.

A.M.-H. Ho, P.T. Chui, A.P.W. Lee, and S. Wan

The Clinical Picture

‘Allergic to the sun’

A homeless man presents with burning pain and lesions in his arm for the past 2 to 3 days.

N.M. Rajan and C.L. Ellis

The Clinical Picture

Erythema and atrophy on the tongue

Oral abnormalities can result from nutritional deficiencies and a host of other conditions.

E. Gómez-Moyano, L.M. Pérez-Belmonte, L. Martínez-Pilar, and D.J. Godoy-Díaz

1-Minute Consult

Can we reduce the risk of readmission for a patient with an exacerbation of COPD?

The risk can be reduced by using a checklist before discharge and by implementing outpatient programs that continue patient education and provide rapid access to medical support if needed.

M.B. Ayache, S. Boyaji, and J.C. Pile

Commentary

To improve our patients’ health, look beyond reducing readmissions

Focusing on the readmission rate diverts attention from more proactive ways to improve safety, quality, and value.

A.J. Warmuth and S.C. Phillips

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Upcoming Features

- New oral anticoagulants: Perioperative management
- Why study cardiovascular outcomes in type 2 diabetes?
- Managing snoring: When to consider surgery
- Testosterone replacement: The knowns and unknowns
- Do all patients need an ECG before noncardiac surgery?
- IL28B polymorphisms and hepatitis C treatment
- Caring for women with HIV
- Help your patients quit smoking
- Screening tests: What’s recommended? What’s controversial?

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REVIEW

Hand, foot, and mouth disease: Identifying and managing an acute viral syndrome
This is typically a benign childhood infection—except when it isn’t so benign or when it occurs in an adult.
G.L. Repass, W.C. Palmer, and F.F. Stancampiano

MEDICAL GRAND ROUNDS

Advances in autosomal dominant polycystic kidney disease—2014 and beyond
W.E. Braun

REVIEW

The protein-sparing modified fast for obese patients with type 2 diabetes: What to expect
Committed patients can lose weight and control their diabetes, but they need encouragement and close supervision.
J. Chang and S.R. Kashyap

REVIEW

Radon and lung cancer: Assessing and mitigating the risk
Radon exposure is the second most common cause of lung cancer, but the evidence so far does not support screening for lung cancer in people exposed to it.
H. Choi and P. Mazzone

DEPARTMENTS

CME Calendar
Letters to the editor

A reader comments on stress testing in asymptomatic patients at low risk (July 2014).

Directions for CME

To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.
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