## Table of Contents

### From the Editor
- **Polycystic kidney disease:** Molecular understanding dictating management
  
  It was the early 1980s, I was a resident in the emergency room, and the patient had fever, flank pain, hypotension, and a normal urinalysis.
  
  **B.F. Mande**

### The Clinical Picture
- **Hypertrophic cardiomyopathy apical variant**
  
  When a professional soccer player required ankle surgery, his electrocardiogram showed several abnormalities.
  
  **A.M.-H. Ho, P.T. Chui, A.P.W. Lee, and S. Wan**

- **‘Allergic to the sun’**
  
  A homeless man presents with burning pain and lesions in his arm for the past 2 to 3 days.
  
  **N.M. Rajan and C.L. Ellis**

- **Erythema and atrophy on the tongue**
  
  Oral abnormalities can result from nutritional deficiencies and a host of other conditions.
  
  **E. Gómez-Moyano, L.M. Pérez-Belmonte, L. Martínez-Pilar, and D.J. Godoy-Díaz**

### 1-Minute Consult
- **Can we reduce the risk of readmission for a patient with an exacerbation of COPD?**
  
  The risk can be reduced by using a checklist before discharge and by implementing outpatient programs that continue patient education and provide rapid access to medical support if needed.
  
  **M.B. Ayache, S. Boyaji, and J.C. Pile**

### Commentary
- **To improve our patients’ health, look beyond reducing readmissions**
  
  Focusing on the readmission rate diverts attention from more proactive ways to improve safety, quality, and value.
  
  **A.J. Warmuth and S.C. Phillips**

**Continued on Page 515**
Upcoming Features

- New oral anticoagulants: Perioperative management
- Why study cardiovascular outcomes in type 2 diabetes?
- Managing snoring: When to consider surgery
- Testosterone replacement: The knowns and unknowns
- Do all patients need an ECG before noncardiac surgery?
- IL28B polymorphisms and hepatitis C treatment
- Caring for women with HIV
- Help your patients quit smoking
- Screening tests: What’s recommended? What’s controversial?

SEPTEMBER 2014

CONTINUED FROM PAGE 514

REVIEW

Hand, foot, and mouth disease: Identifying and managing an acute viral syndrome
This is typically a benign childhood infection—except when it isn’t so benign or when it occurs in an adult.
G.L. Repass, W.C. Palmer, and F.F. Stancampiano

REVIEW

Advances in autosomal dominant polycystic kidney disease—2014 and beyond
W.E. Braun

REVIEW

The protein-sparing modified fast for obese patients with type 2 diabetes: What to expect
Committed patients can lose weight and control their diabetes, but they need encouragement and close supervision.
J. Chang and S.R. Kashyap

REVIEW

Radon and lung cancer: Assessing and mitigating the risk
Radon exposure is the second most common cause of lung cancer, but the evidence so far does not support screening for lung cancer in people exposed to it.
H. Choi and P. Mazzone

DEPARTMENTS

CME Calendar

Letters to the editor
A reader comments on stress testing in asymptomatic patients at low risk (July 2014).

Directions for CME
To receive CME credit, read any or all of the CME-certified articles in this issue (those that carry the CME logo), then go to www.ccjm.org to take the test for the article or articles you select. It should take up to 1 hour to complete the activity for each article.
Release date: September 1, 2014
Expiration date: August 31, 2015