

## Online Features

### Access

*Cleveland Clinic Journal of Medicine* content is readily available to all and is free of charge at [www.ccm.org](http://www.ccm.org). On your first visit, we will ask you to take a few minutes to register, but subsequent visits will be unencumbered except for an occasional request for your e-mail address when you visit using another device (eg, mobile phone, tablet).

### Services

- Navigate quickly to articles in current and past issues via links on the home page and pull-down menus at the top of the page. Use the search function to find a specific article, or browse by topic or article type.
- Continuing medical education activities are accessible from article links and from a CME pull-down menu on the home page. Participation is free.
- Follow links on the home page to news, summaries of recent scientific meetings, and interactive quizzes.
- Click on the PDF symbol at the top of any online article to read, download, or print the article in PDF format.

### Social Networking

To post a *CCJM* article to Facebook or Twitter, just click on the icon at the top of any online article.

[www.ccm.org](http://www.ccm.org)

MAY 2015

## TABLE OF CONTENTS

<b>FROM THE EDITOR</b> .....	
<b>Pericarditis as a window into the mind of the internist</b>	<b>266</b>
In looking for an underlying cause, we need to be thorough but also contain costs and avoid harm from overtesting.	
B.F. MANDELL	
<b>THE CLINICAL PICTURE</b> .....	
<b>A lump in the umbilicus</b>	<b>270</b>
An estimated 1% to 3% of patients with cancer in the abdomen or pelvis present with a nodule in the umbilicus.	
H. MIRFAZALIAN, A. MOSALEI, S. NEGAHBAN, A. ALEDAVOOD, AND Y. DANESHBOD	
<b>POINT AND COUNTERPOINT</b> .....	
<b>Annual mammography starting at age 40: More talk, less action?</b>	<b>272</b>
In view of the potential harm, we question annual screening starting at age 40.	
P. BATUR AND J.M.E. WALSH	
<b>POINT AND COUNTERPOINT</b> .....	
<b>Screening mammography starting at age 40: Still relevant</b>	<b>276</b>
In women in their 40s, the incidence of breast cancer is low but the risk of a tumor being aggressive is especially high.	
K. GHOSH, D. WAHNER-ROEDLER, AND K. BRANDT	
<b>THE CLINICAL PICTURE</b> .....	
<b>Light-headedness and bradycardia in a 72-year-old woman</b>	<b>280</b>
Complete heart block is a form of atrioventricular (AV) dissociation, but not all AV dissociation is complete heart block.	
B. PATEL, C. WIEMANN, AND D.P. SHAH	
<b>THE CLINICAL PICTURE</b> .....	
<b>Morphea-like plaques, induration of the extremities, and eosinophilia</b>	<b>283</b>
Eosinophilic fasciitis is suspected in a patient with eosinophilia and characteristic cutaneous features.	
C. MAGRO-CHECA, J. ORGAZ-MOLINA, S.R. LAFÈBRE, J.L. ROSALES-ALEXANDER, S. ARIAS-SANTIAGO, AND E. RAYA	

CONTINUED ON PAGE 264

CONTINUED FROM PAGE 263

**1-MINUTE CONSULT** .....

**When does pericarditis merit a workup for autoimmune or inflammatory disease? 285**

Further evaluation is required for recurrent pericarditis resistant to conventional therapy or for manifestations of systemic disease.

M.C. ALRAIES, M. BAIBARS, AND A.L. KLEIN

**IM BOARD REVIEW** .....

**A 79-year-old with acute portal vein thrombosis 287**

The patient, who had a history of polymyalgia rheumatica treated with corticosteroids, presented with chills and fever.

L. ZHU, H. GORNIK, AND J.H. ISAACSON

**CME CREDIT REVIEW** .....

**Penicillin allergy: A practical guide for clinicians 295**

Clinical presentation is key in classifying reactions as either mediated by immunoglobulin E or not.

A. GONZALEZ-ESTRADA AND C. RADOJICIC

**CME CREDIT REVIEW** .....

**Stand by me! Reducing the risk of injurious falls in older adults 301**

Practitioners can reduce falls by yearly screening and evidence-based interventions.

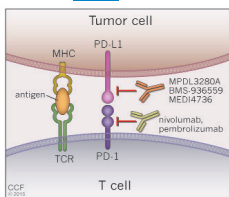
L. BEEGAN AND B.J. MESSINGER-RAPPORT

**CME CREDIT MEDICAL GRAND ROUNDS** .....

**Dermatology update: The dawn of targeted treatment 309**

New, targeted therapies are changing the way advanced basal cell carcinoma, psoriasis, and metastatic melanoma are treated.

A.P. FERNANDEZ



**DEPARTMENTS** .....

**CME Calendar 267**

**Letters to the Editor 268**

Readers comment on warfarin pharmacogenomics (August 2013).

**CME Directions Inside back cover**

# Upcoming Features

- Marijuana goes mainstream: Should we worry?
- HIV: A disease of the elderly
- Managing medications during transitions of care
- Not all ST elevation is myocardial infarction
- Long-term problems of liver transplant recipients
- Vaccinations in special populations
- E-cigarettes: Gateway drug or nicotine replacement?
- Ceftaroline: A beta-lactam with anti-MRSA activity
- Botulinum toxin injection for urologic conditions

