

Online Features

Access

Cleveland Clinic Journal of Medicine content is readily available to all and is free of charge at www.ccjm.org. On your first visit, we will ask you to take a few minutes to register, but subsequent visits will be unencumbered except for an occasional request for your e-mail address when you visit using another device (eg, mobile phone, tablet).

Services

- Navigate quickly to articles in current and past issues via links and pull-down menus on the home page. Use the search function to find a specific article, or browse by topic or article type.
- Continuing medical education activities are accessible from article links and from a CME section on the home page. Participation is free.
- Follow links on the site to news and interactive quizzes.
- Click on the PDF symbol at the bottom of any online article to read, download, or print the article in PDF format.

Social Networking

To post a *CCJM* article to Facebook or Twitter, just click on the icon at the bottom of any online article.

www.ccjm.org

JANUARY 2017

TABLE OF CONTENTS

FROM THE EDITOR

A rose by any other name is still a rose, but why is it a rose? 11

Christopher Columbus returned from the New World with a chronic illness, now believed to have been reactive arthritis.

B.F. MANDELL

1-MINUTE CONSULT

What is the role of roflumilast in chronic obstructive pulmonary disease? 13

It has been shown to reduce acute exacerbations in patients with severe disease.

C. LAU, A.C. MEHTA, AND U. HATIPOGLU

THE CLINICAL PICTURE

Lymphoplasmacytic lymphoma presenting as retinal hemorrhage 20

New-onset blurred vision should prompt a comprehensive history and physical examination.

J. MELENDEZ-ROSADO, S. SEARS, AND F. STANCAMPIANO

THE CLINICAL PICTURE

Erythematous patches with keratotic annular borders on the glans penis 23

Reactive arthritis was diagnosed on the basis of urethritis, ocular symptoms, circinate balanitis, and sacroiliitis.

E. GÓMEZ-MOYANO, I. UREÑA-GARNICA, S. MANRIQUE-ARIJA, AND L.M. PEREZ-BELMONTE

THE CLINICAL PICTURE

Imaging suggestive, but symptoms atypical 25

Pseudosubarachnoid hemorrhage is an artifact of CT imaging.

M. AFZALIMOGHADDAM, M. EDALATIFARD, S. FARAHMAND, S. BAGHERI-HARIRI, AND H. MIRFAZALIAN

IM BOARD REVIEW

A patient with altered mental status and an acid-base disturbance 27

Acid-base disorders can be diagnosed and characterized using a systematic, five-step approach.

S. MANI AND G.W. RUTECKI



CONTINUED ON PAGE 10

CONTINUED FROM PAGE 7

REVIEW

Fall risk and anticoagulation for atrial fibrillation in the elderly: A delicate balance 35

The decision-making process is complex and should be shared with the patient and the patient's family and caregivers.

T. HAGERTY AND M.W. RICH

EDITORIAL

Whether to anticoagulate: Toward a more reasoned approach 41

The patient's life expectancy and personal preferences are important and affect the decision.

T.T. SUH

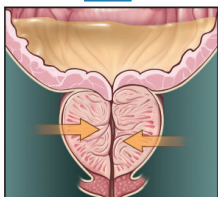
CME CREDIT REVIEW

Parsimonious blood use and lower transfusion triggers: What is the evidence? 43

Cumulative data have confirmed the safety of a conservative approach to transfusion.

M. AURON, M.Y. DURAN CASTILLO, AND A. KUMAR

CME CREDIT REVIEW



Benign prostatic hyperplasia: Evaluation and medical management in primary care 53

Effective medical therapy is available but underutilized in the primary care setting.

R. UNNIKRISHNAN, N. ALMASSI, AND K. FAREED

CME CREDIT REVIEW

Postexposure management of infectious diseases 65

People who have been exposed to an infectious disease should be evaluated promptly and systematically.

M.S. BADER, A. BROOKS, D.V. KELLY, AND J.A. SRIGLEY

DEPARTMENTS

CME Calendar 22
CME Instructions Inside back cover

Upcoming Features

- **Statins and the frail elderly: When is it time to forgo?**
- **Vulvovaginitis: Not only infectious causes**
- **Staying afloat in a sea of information**
- **Thrombotic microangiopathies: Similar but different**
- **Urinary incontinence in women: A medical disorder**
- **Cardiopulmonary exercise testing: Available, clinically useful**
- **Can activity monitors detect sleep disorders?**
- **Female sexual dysfunction: Common and complex**

