

## Online Features

### Access

*Cleveland Clinic Journal of Medicine* content is readily available to all and is free of charge at [www.ccmj.org](http://www.ccmj.org). On your first visit, we will ask you to take a few minutes to register, but subsequent visits will be unencumbered except for an occasional request for your e-mail address when you visit using another device (eg, mobile phone, tablet).

### Services

- Navigate quickly to articles in current and past issues via links on the home page and pull-down menus at the top of the page. Use the search function to find a specific article, or browse by topic or article type.
- Continuing medical education activities are accessible from article links and from a CME pull-down menu on the home page. Participation is free.
- Follow links on the home page to news, summaries of recent scientific meetings, and interactive quizzes.
- Click on the PDF symbol at the top of any online article to read, download, or print the article in PDF format.

### Social Networking

To post a *CCJM* article to Facebook or Twitter, just click on the icon at the top of any online article.

[www.ccmj.org](http://www.ccmj.org)

## TABLE OF CONTENTS

### FROM THE EDITOR .....

#### **Toward understanding chronic kidney disease in African Americans** 824

African Americans respond differently to some treatments than the white male patients who participated in the clinical trials.

B.F. MANDELL

### THE CLINICAL PICTURE .....

#### **Scapular rash and endocrine neoplasia** 831

A woman in her 30s presents with an itchy skin-colored rash over her scapula of 8 years' duration.

M. RAZMI T, D. CHATTERJEE, AND D. PARSAD

### THE CLINICAL PICTURE .....

#### **Iliopsoas abscess** 833

A 52-year-old woman with diabetes presents with pain in her lower abdomen and back.

Y. LI, H. FUNAKOSHI, T. SHIGA, AND S. FUJITANI

### 1-MINUTE CONSULT .....

#### **Can effective obesity counseling fit into the 20-minute appointment?** 835



Information from a previsit questionnaire lays the foundation for effective and reimbursable counseling and interventions.

J.A. ZAMBRANO AND B. BURGUERA

### EDITORIAL .....

#### **Obesity counseling: Beyond 'eat less, move more'** 838

Not all cancers are treated the same, and not all patients with diabetes are treated the same. The same should go for patients with obesity.

W.S. BUTSCH

CONTINUED ON PAGE 821

# Upcoming Features

- **Physical examination:**  
Still valuable for dyspnea
- **Idiopathic calciuria,**  
kidney stones,  
and bone health
- **Acute cardiorenal syndrome:**  
A stepwise approach
- **Perioperative risk:**  
Which index is best?
- **Female athlete triad:**  
Who to screen, what to ask
- **Reconciling medications**  
for older adults
- **Transient neurologic problems:**  
A diagnostic approach
- **Angioplasty**  
for stable angina:  
Why do we still do it?
- **Weight-loss drugs:**  
What you need to know



DEDICATED TO LIFELONG LEARNING  
CLEVELAND  
CLINIC  
JOURNAL OF  
MEDICINE

## NOVEMBER 2017

CONTINUED FROM PAGE 815

### IM BOARD REVIEW.....

#### **Fever after recent travel** **840**

The patient had been taking a TNF-alpha inhibitor and had recently returned from Mexico.

H. REHMAN

### IM BOARD REVIEW.....

#### **Abdominal pain and bloody diarrhea in a 32-year-old woman** **847**

The patient also has numerous painful ulcerations on her skin and in her mouth.

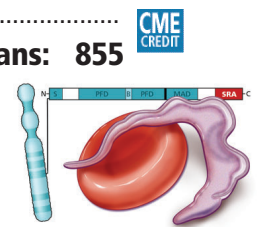
N. AGRAWAL, A. SINGH, T. PLESEC, D. LISKA, B. CONFER, J. PHILPOTT, AND F. RIEDER

### ADDRESSING DISPARITIES IN HEALTHCARE.....

#### **Chronic kidney disease in African Americans: Puzzle pieces are falling into place** **855**

African Americans are disproportionately affected; genetic variants in *APOL1* provide an important explanation.

J.V. NALLY, JR



### REVIEW.....

#### **2017 Update in perioperative medicine: 6 questions answered** **863**

Topics: cardiac risk assessment, surgery after percutaneous intervention, statins, sleep apnea, bridging anticoagulation, and frailty.

R. MUNYON, S.L. COHN, B. SLAWSKI, G.W. SMETANA, AND K. PFEIFER

### REVIEW.....

#### **ADHD: Overdiagnosed and overtreated, or misdiagnosed and mistreated?** **873**

Combined behavioral and drug therapy is best.

M.J. MANOS, K. GIULIANO, AND E. GEYER

### DEPARTMENTS.....

#### **CME Calendar** **830**

#### **CME instructions** **881**