Diabetes and obesity: Managing dual epidemics

Table of Contents

S3 Introduction
M. CECILIA LANSANG

S4 Diabetes with obesity—Is there an ideal diet?
ZAHRAE SANDOUK AND M. CECILIA LANSANG

S15 The essential role of exercise in the management of type 2 diabetes
JOHN P. KIRWAN, JESSICA SACKS, AND STEPHAN NIEUWOUDT

S22 Optimizing diabetes treatment in the presence of obesity
MARY ANGELYNNE ESQUIVEL AND M. CECILIA LANSANG

S39 Antiobesity drugs in the management of type 2 diabetes: A shift in thinking?
BARTOLOME BURGUERA, KHAWLA F. ALI, AND JUAN P. BRITO

S47 Metabolic surgery for treating type 2 diabetes mellitus: Now supported by the world’s leading diabetes organizations
PHILIP R. SCHAUER, ZUBAIDAH NOR HANIPAH, AND FRANCESCO RUBINO

S57 Bonus article! Medical treatment of diabetes mellitus
MARIO SKUGOR

Cover art: White fat cells contain a large lipid droplet (yellow) and a nucleus (red) located in the periphery. The most prevalent adipose tissue in the body, white fat cells store surplus energy and function as a major secretory and endocrine organ. Excess white fat contributes to metabolic syndrome and diabetes.