Table of Contents

FROM THE EDITOR

COVID-19 Curbside Consults at www.CCJM.org 255
These are tough times. This is a wicked disease. But healthcare providers are stepping up.

Brian F. Mandell, MD, PhD

COVID-19 CURBSIDE CONSULTS

Can multiple ARDS patients be ventilated with a single ventilator? 259
With more patients than machines, multiplex ventilation is a reasonable last resort to prevent certain death.

Umur Hatipoğlu, MD

1-MINUTE CONSULT

What mask should I wear to protect against transmissible acute respiratory infections? 262
Clinical trials have not shown a direct advantage for N95 respirators vs surgical masks for many acute respiratory infections.

Amir Laktineh, MD; Asil Daoud, MD; Sorabh Dhar, MD; Lisa Engles; Ayman O. Soubani, MD

COMMENTARY

'I want a doctor who looks like me': The dilemma of race-based requests 268
Ideally, the provider's race shouldn't matter, but what if it does?

Kenneth G. Poole Jr, MD, MBA, CPE, FACP

THE CLINICAL PICTURE

Page kidney after a renal biopsy 271
A patient presents with flank pain and worsening hypertension and renal function 3 weeks after percutaneous renal biopsy.

Hiroyuki Teruya, MD; Hiroyuki Yano, MD; Hitoshi Miyasato, MD; Mitsuyo Kinjo, MD, MPH

CONTINUED ON PAGE 254

Cleveland Clinic Journal of Medicine

Online Features

Access
Cleveland Clinic Journal of Medicine content is readily available to all and is free of charge at **www.ccjm.org**.

Services
- Navigate quickly to articles in current and past issues via links and pull-down menus at the top of the home page. Use the search function to find a specific article, or use the pull-down content menu to browse articles.
- Continuing medical education and maintenance of certification activities are accessible from the CME/MOC pull-down menu on the home page. Participation is free.
- Follow links on the home page to a calendar of upcoming CME events.
- Click on the PDF symbol at the top of any online article to read, download, or print the article in PDF format.

Social Networking
To post a *CCJM* article to Facebook or Twitter, just click on the icon at the top of any online article.

www.ccjm.org

MAY 2020

CONTINUED FROM PAGE 252

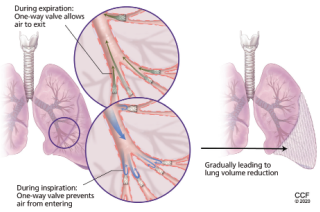
REVIEW CME MOC

Perinatal depression: A review 273

Depression affects 10% to 20% of women during pregnancy or postpartum, but it can be difficult to recognize.

Maureen Sayres Van Niel, MD; Jennifer L. Payne, MD

REVIEW



Bronchoscopic lung volume reduction with valves: What should the internist know? 278

For selected patients with emphysema, 1-way valves reduce hyperinflation and are a palliative option.

Khaled Alshabani, MD; Thomas R. Gildea, MD, FCCP; Michael Machuzak, MD; Joseph Cicenia, MD; Umur Hatipoğlu, MD

REVIEW CME MOC

Cutaneous adverse effects of biologic medications 288

These therapies have revolutionized medicine but come with many unique adverse effects.

Selena R. Pasadyn, BA; Daniel Knabel, MD; Anthony P. Fernandez, MD, PhD; Christine B. Warren, MD, MS

REVIEW CME MOC

Aspirin for primary prevention of atherosclerotic cardiovascular events 300

A more limited role for aspirin as primary prevention in patients at intermediate risk, with diabetes, and the elderly.

Aldo L. Schenone, MD; A. Michael Lincoff, MD

CORRECTION

Familial hypercholesterolemia 311

The following article contained an error: Shah NP, Ahmed HM, Tang WH. Familial hypercholesterolemia: Detect, treat, and ask about family. Cleve Clin J Med 2020; 87(2):109–120. doi:10.3949/ccjm.87a.19021.

DEPARTMENTS

CME Calendar 266

CME/MOC Instructions Inside back cover

Upcoming Features

- Troponin measurement in acute coronary syndrome
- Medical consequences of anorexia
- Glucocorticoid-induced bone loss
- Short QT and sudden cardiac death
- Maximizing Medicare reimbursement
- Fixing resistant hypertension
- Pneumonia and alcoholic use disorder
- Asthma guidelines
- Hospital-acquired pneumonia
- Polymyalgia rheumatica