# Table of Contents

## From the Editor

**A seaworthy nautical tale and a pictured rash** 453
In history’s first randomized controlled trial, James Lind gave 2 sailors lemons and oranges, and they got better.

Brian F. Mandell, MD, PhD

## COVID-19 Curbside Consults

**Coagulopathy in COVID-19: Manifestations and management** 461
Prophylaxis against venous thromboembolism is recommended for all patients hospitalized with COVID-19.

Simon R. Mucha, MD; Siddharth Dugar, MD; Keith McCrae, MD; Douglas Joseph, DO; John Bartholomew, MD; Gretchen L. Sacha, PharmD, RPh; Michael Militello, Pharm D, RPh, BCPS

## Thoracic imaging in COVID-19 469

Typical findings include bilateral multifocal parenchymal opacities, predominantly in the peripheral and lower zones.

Ruchi Yadav, MD; Debasis Sahoo, MD, FCCP; Ruffin Graham, MD

## The Clinical Picture

**Acute dacryocystitis** 477
Inflammation of the lacrimal sac is related to obstruction, which can be primary or secondary.

Satvinder Singh Bakshi, MS, DNB

**Scurvy: Old, but still relevant** 478
A patient with alcohol use disorder presented with progressively worsening fatigue, dyspnea on exertion, and easy bruising.

Mohamed A. Elfeki, MD, MSc; Tyler Schwiesow, MD, FACP; Zeeshan Jawa, MD, FACP

## 1-Minute Consult

**Should we monitor troponin up to peak value when evaluating for acute coronary syndrome?** 480
No. Once troponin is over the 99th percentile, finding the peak value does not aid in diagnosis.

Nolan Anderson, MD; Samuel T. Ives, MD; Michelle D. Carlson, MD; Fred Apple, PhD, DABCC

## Editorial

**Cardiac troponin testing: Goodbye, ‘troponinemia’** 483
Any troponin elevation is prognostically important; dismissing it as “troponinemia” is no longer a viable strategy.

Anirudh Kumar, MD; Divyang R. Patel, MD; Venugopal Menon, MD

CONTINUED ON PAGE 452
Rhinosinusitis and the role of imaging

Imaging should only be used in complicated sinus infections, in recurrent or chronic sinus disease, or in surgical planning.

Nicole Frerichs, DO; Andrei Brateanu, MD, FACP

Pneumonia and alcohol use disorder: Implications for treatment

Patients with alcohol use disorder are at increased risk for Streptococcus pneumoniae but not resistant gram-negative infections.

Niyati M. Gupta, MD; Abhishek Deshpande, MD, PhD; Michael B. Rothberg, MD, MPH

Irritable bowel syndrome with diarrhea: Treatment is a work in progress

Understanding of its mechanisms is progressing, and treatments are increasingly targeted to the individual etiology.

Michael Kurin, MD; Gregory Cooper, MD

Perinatal depression

Elise Laflamme, MD

In Reply: Peripartum depression

Maureen Sayres Van Niel, MD; Jennifer L. Payne, MD

DXA after menopause

Michael Balkin, MD

In reply: DXA after menopause

Kristi Tough DeSapri, MD; Rachel Brook, MD

Aspirin for primary prevention

Elise Henning, MD, MEd

In reply: Aspirin for primary prevention

Aldo L. Schenone, MD; A. Michael Lincoff, MD