TABLE OF CONTENTS

FROM THE EDITOR................................................................................................................588
SGLT-2 inhibitors are potential game-changers (for more than diabetes) .................................................................................................................. 588
Data from large clinical trials and improved understanding of the biologic effects of these drugs are changing expectations for the clinical course in patients with diabetes, as well as chronic kidney disease and heart failure.
Brian F. Mandell, MD, PhD

THE CLINICAL PICTURE........................................................................................................592
Gastrointestinal varicella-zoster virus infection .................................................................................................................. 592
Esophagogastroduodenoscopy showed small, shallow ulcers and erosions surrounded by red haloes, spread diffusely throughout the stomach and duodenum.
Nobukazu Agatsuma, MD; Kaoru Tsujioka, MD; Yoshitaka Nishikawa, MD, PhD; Yasuki Nakatani, MD; Yukitaka Yamashita, MD, PhD

COMMENTARY......................................................................................................................594
Another influenza season in the shadow of the COVID-19 pandemic .......................................................... 594
Flu season is upon us at the ominous milestone of more than 722,000 US deaths from COVID-19.
Sherif Beniameen Mossad, MD, FACP, FIDSA, FAST

THE CLINICAL PICTURE........................................................................................................598
Generalized acute cutaneous lupus erythematosus in a young female ........................................................................ 598
A history of systemic lupus and discontinuation of medications for 3 months led to increased disease activity.
Omair Ali Khan, MBBS; Mahnoor Sherazi, MBBS; Sheharyar Raashid, MBBS; Attiya Tareen, MBBS, FCPS; Saba Aneeqa, MBBS

CONTINUED ON PAGE 587

Upcoming Features

- Current trends in contraception
- Venous outflow obstruction
- Cardiac considerations in liver transplantation
SGLT-2 inhibitors in heart failure: Time for broader eligibility and earlier initiation

SGLT-2 inhibitors remain vastly underused in clinical practice despite their broad cardiorenal benefits.

Enrico G. Ferro, MD; Bertram Pitt, MD; Deepak L. Bhatt, MD, MPH

Options for preserving fertility in women undergoing gonadotoxic treatment

For females undergoing cancer therapy, proactive treatments can help preserve the possibility of having children.

Laura Detti, MD

DXA and clinical challenges of fracture risk assessment in primary care

Overdependence on dual-energy x-ray absorptiometry, especially for patient populations the test was not designed for, may lead to poor clinical decisions.

Susan Williams, MS, RD, MD, CCD, FACP, FACE; Leila Khan, MD; Angelo A. Licata, MD, PhD, FACP, FACE

Spontaneous coronary artery dissection: Principles of management

Once thought to be rare, it is increasingly recognized as a common cause of acute coronary syndrome, particularly in young women.

Nicole Pristera, MD; Pulkit Chaudhury, MD; Erik H. Van Iterson, PhD; Leslie S. Cho, MD

Should my older adult patients take aspirin for primary prevention of cardiovascular disease?

For patients age 70 and older, recent evidence shows that the harms outweigh the benefits.

Robert M. Zimbroff, MD; Gina Ayers, PharmD, BCPS, BCGP; Kenneth Koncilia, MD

Elevated hCG can be a benign finding in perimenopausal and postmenopausal women

A search for the source of the elevation in perimenopausal and postmenopausal women who are not pregnant and have no disease or tumor may delay patient care.

Lea El Hage, MD; Betul Hatipoglu, MD

CME Calendar

CME/MOC Instructions