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A clinically useful summary, highlighting the practical and newer conceptual aspects of the guidelines.

Brian F. Mandell, MD, PhD

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A rare disorder caused by mutations of tumor-suppressor genes.

Jesica Martín Carmona, MD; Elisabeth Gómez Moyano, MD, PhD; Ana Raquel de Castro Almeida, MD; Leandro Martínez Pilar, MD, PhD

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## Guidelines to Practice

**Outpatient management of asthma in adults:**
A snapshot of the 2020 GINA report
A review of the guidelines, with a focus on what’s new and clinically important.

Kavya Kommaraju, MD; Mani Latifi, MD

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1-Minute Consult

What antithrombotic therapy should I use for my patient with atrial fibrillation who underwent percutaneous coronary intervention or had an acute coronary syndrome?

The risk of thrombosis should be balanced with the risk of bleeding.

Andrew S. Tseng, MD, MPH; Fadi E. Shamoun, MD; Lisa A. Marks, MLS; Neera Agrwal, MD, PhD

Review

The current state of tobacco cessation treatment

Behavioral interventions and pharmacotherapy increase success rates. Alternative treatments should not replace or delay the use of known effective therapies.

Humberto K. Choi, MD, FCCP; Jorge Ataucuri-Vargas, MD; Charlie Lin, MD; Amanda Singrey, PharmD, BCACP, CTTS

Review

Promoting physical activity in older women to maximize health

The optimal type, intensity, and level required to achieve specific health outcomes depend on the disease the patient and clinician are trying to prevent or manage.

Augustine Chavez, MD; Robert Scales, PhD; Juliana M. Kling, MD, MPH

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