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A review of the guidelines, with a focus on what's new and clinically important.
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Statin intolerance and new lipid-lowering treatments

The benefits and safety of statin therapy are clear, but adverse effects continue to pose diagnostic and therapeutic challenges.

Oltion Mesi, MD; Charlie Lin, MD; Haitham Ahmed, MD, MPH; Leslie S. Cho, MD

1-Minute Consult

What antithrombotic therapy should I use for my patient with atrial fibrillation who underwent percutaneous coronary intervention or had an acute coronary syndrome?

The risk of thrombosis should be balanced with the risk of bleeding.

Andrew S. Tseng, MD, MPH; Fadi E. Shamoun, MD; Lisa A. Marks, MLS; Neera Agrwal, MD, PhD

Review

The current state of tobacco cessation treatment

Behavioral interventions and pharmacotherapy increase success rates. Alternative treatments should not replace or delay the use of known effective therapies.

Humberto K. Choi, MD, FCCP; Jorge Ataucuri-Vargas, MD; Charlie Lin, MD; Amanda Singrey, PharmD, BCACP, CTTS

Review

Promoting physical activity in older women to maximize health

The optimal type, intensity, and level required to achieve specific health outcomes depend on the disease the patient and clinician are trying to prevent or manage.

Augustine Chavez, MD; Robert Scales, PhD; Juliana M. Kling, MD, MPH

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