

TABLE OF CONTENTS

FROM THE EDITOR

Anaphylaxis: Expanding our perspective **65**

Anaphylaxis is not always the extreme scenario we learned about in medical school. There is a range of far milder allergic infusion reactions that are nonetheless anaphylaxis.

Brian F. Mandell, MD, PhD

1-MINUTE CONSULT

Does my hospitalized patient need an NPO-after-midnight order preoperatively? **69**

Delays and postponements of surgical procedures are common, and NPO-after-midnight orders in these situations can result in prolonged periods without oral intake.

Tyler Chapman, DO; Elizabeth Sinz, MD, MEd; Brian McGillen, MD, FACP, SFHM

THE CLINICAL PICTURE.....

Hypertrichosis and topical corticosteroid use **71**

The xerotic dermatitis had resolved 2 years earlier, but the patient had continued to apply the medication.

Yuya Ando, MD; Sachiko Ono, MPH, PhD; Yosuke Ono, MD, PhD; Yoshinori Miura, MD, PhD

REVIEW

Soft tissue sarcoma: Recognizing a rare disease **73**

Awareness of the signs and symptoms ensures prompt referral to a sarcoma center for appropriate assessment and treatment to optimize outcomes.

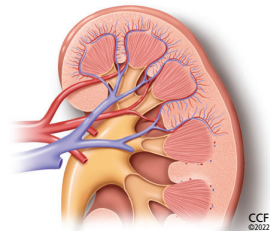
Amir Hossain Gahanbani Ardakani, BSc, MBBS; Alex Woollard, BM, BSc, PhD, FRCS (Plast); Howard Ware, MBBS, FRCS (Tr&Orth); Panagiotis Gikas, MBBS Hons, MD (Res), PhD, FRCS (Tr&Orth)

REVIEW **CME | MOC**

Extrasosseous calcification in kidney disease **81**

A review of the pathogenesis, presentation, diagnosis, and treatment of vascular and soft tissue calcification.

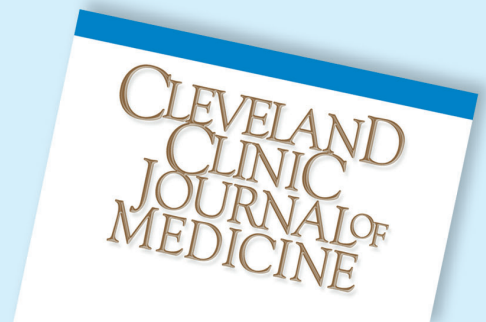
Korey Bartolomeo, DO; Xin Yee Tan, MD; Richard Fatica, MD



CONTINUED ON PAGE 63

Upcoming Features

- Evaluating breast cancer risk
- When is testing needed for penicillin allergy?
- Anemia of chronic kidney disease



CONTINUED FROM PAGE 59

SYMPTOMS TO DIAGNOSIS

Recurrent anemia in a patient with chronic lymphocytic leukemia 91

New episodes of anemia do not automatically imply disease progression, and each should be evaluated completely.

Sassine Ghanem, MD; Jason Gonsky, MD, PhD

REVIEW **CME | MOC**

Hypercalcemia and vitamin A: A vitamin to keep in mind 99

Vitamin A toxicity can affect bone resorption and hypercalcemia and should be explored in unexplained cases of parathyroid hormone-independent hypercalcemia.

Saif Munther Borgan, MD; Leila Zeinab Khan, MD; Vinni Makin, MD, FACE

GUIDELINES TO PRACTICE

Anaphylaxis: Highlights from the practice parameter update 106

The update addresses diagnostic criteria, treatment options, prevention of recurrences, and patient education on avoiding triggers and using self-injectable epinephrine.

Katherine N. Weller, MD; Fred H. Hsieh, MD

DEPARTMENTS

CME Calendar	58
2021 Reviewers	68
CME/MOC Instructions	112

Changed your address? Not receiving your copies?

To receive *Cleveland Clinic Journal of Medicine*, make sure the American Medical Association has your current information. *Cleveland Clinic Journal of Medicine* uses the AMA database of physician names and addresses to determine its circulation. All physicians are included in the AMA database, not just members of the AMA.

Only YOU can update your data with the AMA.

- If your address has changed, send the new information to the AMA. If you send the update by mail, enclose a recent mailing label. Changing your address with the AMA will redirect all of your medically related mailings to the new location.
- Be sure the AMA has your current primary specialty and type of practice. This information determines who receives *Cleveland Clinic Journal of Medicine*.
- If you ever notified the AMA that you did not want to receive mail, you will not receive *Cleveland Clinic Journal of Medicine*. If you wish to reverse that decision, simply notify the AMA, and you will again receive **all** AMA mailings.
- Please allow 6 to 8 weeks for changes to take effect.

To contact the American Medical Association:

- **PHONE** 800-621-8335
- **FAX** 312-464-4880
- **E-MAIL** dpprodjira@ama-assn.org
- **US MAIL**

Send a recent mailing label along with new information to:

American Medical Association
 AMA Plaza
 Data Verification Unit
 330 N. Wabash Ave., Suite 39300
 Chicago, IL 60611-5885