# Table of Contents

## From the Editor

**Anaphylaxis: Expanding our perspective**

Anaphylaxis is not always the extreme scenario we learned about in medical school. There is a range of far milder allergic infusion reactions that are nonetheless anaphylaxis.

Brian F. Mandell, MD, PhD

## 1-Minute Consult

**Does my hospitalized patient need an NPO-after-midnight order preoperatively?**

Delays and postponements of surgical procedures are common, and NPO-after-midnight orders in these situations can result in prolonged periods without oral intake.

Tyler Chapman, DO; Elizabeth Sinz, MD, MEd; Brian McGillen, MD, FACP, SFHM

## The Clinical Picture

**Hypertrichosis and topical corticosteroid use**

The xerotic dermatitis had resolved 2 years earlier, but the patient had continued to apply the medication.

Yuya Ando, MD; Sachiko Ono, MPH, PhD; Yosuke Ono, MD, PhD; Yoshinori Miura, MD, PhD

## Review

**Soft tissue sarcoma: Recognizing a rare disease**

Awareness of the signs and symptoms ensures prompt referral to a sarcoma center for appropriate assessment and treatment to optimize outcomes.

Amir Hossain Gahanbani Ardakani, BSc, MBBS; Alex Woollard, BM, BSc, PhD, FRCS (Plast); Howard Ware, MBBS, FRCS (Tr&Orth); Panagiotis Gikas, MBBS Hons, MD (Res), PhD, FRCS (Tr&Orth)

**Extraosseous calcification in kidney disease**

A review of the pathogenesis, presentation, diagnosis, and treatment of vascular and soft tissue calcification.

Korey Bartolomeo, DO; Xin Yee Tan, MD; Richard Fatica, MD

## Upcoming Features

- Evaluating breast cancer risk
- When is testing needed for penicillin allergy?
- Anemia of chronic kidney disease
Recurrent anemia in a patient with chronic lymphocytic leukemia

New episodes of anemia do not automatically imply disease progression, and each should be evaluated completely.

Sassine Ghanem, MD; Jason Gonsky, MD, PhD

Hypercalcemia and vitamin A: A vitamin to keep in mind

Vitamin A toxicity can affect bone resorption and hypercalcemia and should be explored in unexplained cases of parathyroid hormone-independent hypercalcemia.

Saif Munther Borgan, MD; Leila Zeinab Khan, MD; Vinni Makin, MD, FACE

Anaphylaxis: Highlights from the practice parameter update

The update addresses diagnostic criteria, treatment options, prevention of recurrences, and patient education on avoiding triggers and using self-injectable epinephrine.

Katherine N. Weller, MD; Fred H. Hsieh, MD