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No class of drug has more mythical attributes, interfaces with different medical specialties, or clinical street lore than corticosteroids.  
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**Widespread skin-thickening and hyperpigmentation** 485  
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**Mucinous ascites: Pseudomyxoma peritonei** 491  
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**Nasal herpes simplex virus infection** 495  
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Nina L. Tamashunas, MD; Robert Simonds, MD; Sarah Young, MD

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**Upcoming Features**

- Reducing breast-cancer risk: The role of chemoprevention
- Benign paroxysmal positional vertigo: Effective diagnosis and treatment
THE CLINICAL PICTURE

Hyperpigmentation as a clue to Addison disease

The 66-year-old woman presented with fatigue, loss of appetite, and hyperpigmentation of the tongue, soft palate, buccal mucosa, lower lip, fingers, and nail beds.

Yusuke Hirota, MD, PhD; Takaya Matsushita, MD, PhD

COMMENTARY

Diversifying medical humanities: The case for Jay-Z

Physicians carry considerable power in the patient-physician relationship. Opening our minds to the viewpoints of others diffuses some of that power and grounds us in the communities we serve.

Alok A. Khorana, MD

MEDICAL GRAND ROUNDS

Steroids in the acutely ill: Evolving recommendations and practice

New information has been generated with regard to what causes critical illness-related corticosteroid insufficiency, how to diagnose it, who should receive corticosteroid treatment, and what regimens to use.

Stephen M. Pastores, MD, MACP, FCCP, FCCM

REVIEW

Primary and secondary prevention of atherosclerotic cardiovascular disease: A case-based approach

The authors present commonly encountered clinical scenarios that pose challenges in decision-making in primary and secondary prevention.

Essa H. Hariri, MD, MS; Mazen M. Al Hammoud, BS; Steven E. Nissen, MD; Donald F. Hammer, MD

REVIEW

Cirrhotic coagulopathy: A rebalanced hemostasis

Cirrhosis affects all 3 phases of coagulation, leading to a delicate new equilibrium, easily disturbed and tipped toward either bleeding or thrombosis by acute events such as infection, renal failure, and invasive procedures.

Achintya D. Singh, MD, MBBS; Simon R. Mucha, MD; Christina C. Lindenmeyer, MD

DEPARTMENTS

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