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**Balancing the myths of corticosteroid therapy** **480**

No class of drug has more mythical attributes, interfaces with different medical specialties, or clinical street lore than corticosteroids.

Brian F. Mandell, MD, PhD

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**Widespread skin-thickening and hyperpigmentation** **485**

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India K. Poetzsch; Nikolai Klebanov, MD; Shinjita Das, MD, MPH

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Sansrita Nepal, MD; Adam Schwertner, MD; John M. Cunningham, MD

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Skin changes on the nose in a 37-year-old patient that began after a scratch were concerning for extensive nasal skin necrosis.

Nina L. Tamashunas, MD; Robert Simonds, MD; Sarah Young, MD

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**Hyperpigmentation as a clue to Addison disease 498**

The 66-year-old woman presented with fatigue, loss of appetite, and hyperpigmentation of the tongue, soft palate, buccal mucosa, lower lip, fingers, and nail beds.

Yusuke Hirota, MD, PhD; Takaya Matsushita, MD, PhD

COMMENTARY

**Diversifying medical humanities: The case for Jay-Z 501**

Physicians carry considerable power in the patient-physician relationship. Opening our minds to the viewpoints of others diffuses some of that power and grounds us in the communities we serve.

Alok A. Khorana, MD

MEDICAL GRAND ROUNDS

**Steroids in the acutely ill: Evolving recommendations and practice 505**

New information has been generated with regard to what causes critical illness-related corticosteroid insufficiency, how to diagnose it, who should receive corticosteroid treatment, and what regimens to use.

Stephen M. Pastores, MD, MACP, FCCP, FCCM

REVIEW

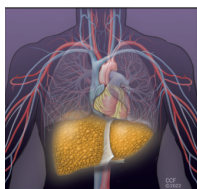
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**Primary and secondary prevention of atherosclerotic cardiovascular disease: A case-based approach 513**

The authors present commonly encountered clinical scenarios that pose challenges in decision-making in primary and secondary prevention.

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REVIEW



**Cirrhotic coagulopathy: A rebalanced hemostasis 523**

Cirrhosis affects all 3 phases of coagulation, leading to a delicate new equilibrium, easily disturbed and tipped toward either bleeding or thrombosis by acute events such as infection, renal failure, and invasive procedures.

Achintya D. Singh, MD, MBBS; Simon R. Mucha, MD; Christina C. Lindenmeyer, MD

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