A 37-year-old man with epilepsy presented to the emergency department with a 1-week history of skin changes of the nose that began after being scratched on the nose. A few days after the scratch, he hit the tip of his nose on steel bundles during a seizure. He then developed a headache, and his nose began to swell and develop a black appearance at the tip. He had sought attention at another hospital, where he was prescribed doxycycline due to concern for a skin and soft-tissue infection.

At our emergency department, physical examination revealed hemorrhagic crusting, ulceration, and black eschar with peripheral erythema of the tip of the nose and extending upward to the dorsal surface (Figure 1), prompting concern for extensive nasal skin necrosis. Therefore, intravenous vancomycin, clindamycin, and piperacillin-tazobactam were started empirically.

**EXTENSIVE EVALUATION**

Laboratory testing demonstrated only an elevated C-reactive protein, and blood cultures and lumbar puncture were negative. Head, facial, and sinus computed tomography revealed soft-tissue edema without bony erosion. Nasal endoscopy showed healthy nasal mucosa.

Shave biopsy demonstrated ulceration with spongiosis, serous crust, and a lymphohistiocytic infiltrate. Tissue culture was negative for fungi and acid-fast bacilli but positive for group B Streptococcus. Polymerase chain reaction testing was negative for herpes simplex virus type 1 (HSV-1) and varicella-zoster virus but positive for HSV-2. Therefore, the patient was continued on vancomycin (total of 7 days) and started on acyclovir (for 2 days) during hospitalization, and was discharged with a 10-day course of oral valacyclovir 1 g twice daily and amoxicillin-clavulanate. The patient’s nose continued to improve on this therapeutic regimen as an outpatient.

**THE DIFFERENTIAL DIAGNOSIS**

The differential diagnosis for this patient’s presentation included infections such as HSV-1, HSV-2, Chikungunya virus, invasive fungal infections, rhinoscleroma, Hansen disease (formerly leprosy), and Mycobacterium tuberculosis; inflammatory conditions such as granulomatosis with polyangiitis; and neoplasms such as natural killer or T-cell lymphomas.

In this patient, hemorrhagic ulceration, immuno-
NASAL HSV

NASAL HSV INFECTION

HSV infection may present as gingivostomatitis, eczema herpeticum, erythema multiforme, herpetic whitlow, genital ulcerations, keratitis, chorioretinitis, encephalitis, Bell palsy, esophagitis, and hepatitis. It can be responsible for primary, latent, and recurrent infections as it is dormant in the dorsal root ganglion of sensory neurons. Potential triggers for reactivation include physical stress, psychological stress, and immunosuppression.

HSV is most commonly found in the oral mucosa but has also been detected in tears and nasal mucosa of immunocompetent adults. Cutaneous or mucosal HSV can be assessed with polymerase chain reaction testing or culture of swabs of the base of the ulcerative lesions. As in this patient, vesiculation and ulceration of the dorsal surface of the nose without intranasal involvement due to HSV infection has been reported in an immunocompetent individual with a remote history of trauma to the nose. Intranasal HSV infection with and without evidence of necrosis has been reported in immunocompromised individuals, and this presentation is frequently mistaken for invasive fungal rhinosinusitis. Management with systemic antiviral therapy is effective, and surgical debridement is required only in severe cases.

REFERENCES


Address: Nina L. Tamashunas, MD, Department of Medicine, MetroHealth, 2500 MetroHealth Drive, Cleveland, OH 44109; nlt23@case.edu