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Why I, as a rheumatologist, am happy to make the diagnosis of obstructive sleep apnea 712

Why should a rheumatologist have special interest in this disorder? The answer lies in 2 major reasons patients are referred for a rheumatology consultation: fatigue and inflammation.

Brian F. Mandell, MD, PhD

THE CLINICAL PICTURE

Oral lichen planus 717

Risk factors include medications, dental materials, and viral infections such as hepatitis C.

Sanjana Mathew, MBBS; Carol Lobo, MBBS, MD; Meryl Antony, MBBS, MD

THE CLINICAL PICTURE

Stiff hands in a man with type 1 diabetes 721

The patient had been on injectable insulin for the past 6 years, with frequent dose titrations because of poor control. A recent hemoglobin A1c was 7.2%.

Rhea Ahuja, MD; Purn Pragya, MBBS

1-MINUTE CONSULT CME MOC

Should my patients take their blood pressure medications in the evening to enhance cardiovascular benefit? 725

The focus should be to achieve blood pressure control and facilitate adherence, regardless of the timing of the medications.

Elias Bassil, MD; George Thomas, MD; Jagmeet Dhingra, MD; Ali Mehdi, MD, MEd, FACP, FASN

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Sherif Beniameen Mossad, MD, FACP, FIDSA, FAST

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The drop of a pin: Accidental ingestion of a sharp foreign body 737

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Mina Rismani, MD; Adrian Pona, MD; Monia E. Werlang, MD

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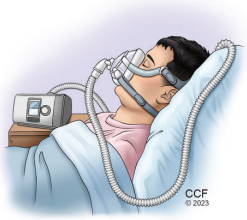
The authors provide an overview of currently available and guideline-backed treatments.

Ayodeji E. Sotimehin, MD; Eiftu Haile, MD; Bradley C. Gill, MD, MS

REVIEW



Treatments for obstructive sleep apnea: CPAP and beyond 755

Options include behavioral interventions, oral appliances, nasal expiratory positive airway pressure, negative pressure interventions, and surgical procedures. Certain drugs are also promising.

Loutfi S. Aboussouan, MD; Aparna Bhat, MD; Todd Coy, DMD; Alan Kominsky, MD

DEPARTMENTS

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