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**FROM THE EDITOR** .....

**Why I, as a rheumatologist, am happy to make the diagnosis of obstructive sleep apnea** **712**

Why should a rheumatologist have special interest in this disorder? The answer lies in 2 major reasons patients are referred for a rheumatology consultation: fatigue and inflammation.

Brian F. Mandell, MD, PhD

**THE CLINICAL PICTURE**.....

**Oral lichen planus** **717**

Risk factors include medications, dental materials, and viral infections such as hepatitis C.

Sanjana Mathew, MBBS; Carol Lobo, MBBS, MD; Meryl Antony, MBBS, MD

**THE CLINICAL PICTURE**.....

**Stiff hands in a man with type 1 diabetes** **721**

The patient had been on injectable insulin for the past 6 years, with frequent dose titrations because of poor control. A recent hemoglobin A1c was 7.2%.

Rhea Ahuja, MD; Purn Pragya, MBBS

**1-MINUTE CONSULT**..... **CME | MOC**

**Should my patients take their blood pressure medications in the evening to enhance cardiovascular benefit?** **725**

The focus should be to achieve blood pressure control and facilitate adherence, regardless of the timing of the medications.

Elias Bassil, MD; George Thomas, MD; Jagmeet Dhingra, MD; Ali Mehdi, MD, MEd, FACP, FASN

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## Upcoming Features

- Grading the current consumer-grade wearable cardiac monitors
- When to consider SGLT-2 inhibitors in patients with acute decompensated heart failure?



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**COMMENTARY** .....

**Hey, Doc: Could the 2023–2024 cold and flu season finally be the calm after the storm? 729**

The author answers questions patients may have about the currently available influenza, COVID-19, and respiratory syncytial virus vaccines.

Sherif Beniameen Mossad, MD, FACP, FIDSA, FAST

**SYMPTOMS TO DIAGNOSIS** .....

**The drop of a pin: Accidental ingestion of a sharp foreign body 737**

If endoscopic retrieval fails, conservative management may be appropriate with daily abdominal radiography.

Mina Rismani, MD; Adrian Pona, MD; Monia E. Werlang, MD

**REVIEW** .....

**Contemporary surgical and procedural management of benign prostatic hyperplasia 745**

The authors provide an overview of currently available and guideline-backed treatments.

Ayodeji E. Sotimehin, MD; Eiftu Haile, MD; Bradley C. Gill, MD, MS

**REVIEW** .....



**Treatments for obstructive sleep apnea: CPAP and beyond 755**

Options include behavioral interventions, oral appliances, nasal expiratory positive airway pressure, negative pressure interventions, and surgical procedures. Certain drugs are also promising.

Loutfi S. Aboussouan, MD; Aparna Bhat, MD; Todd Coy, DMD; Alan Kominsky, MD

**DEPARTMENTS** .....

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