TABLE OF CONTENTS

FROM THE EDITOR ............................................................................................................... ..................

Myasthenia gravis: An update for internists ................................................................. 72
Recognizing the spectrum of the disease in patients’ complaints enhances our clinical reasoning
skills when faced with the extremely commonly expressed symptom of “fatigue.”
Brian F. Mandell, MD, PhD

THE CLINICAL PICTURE ...........................................................................................................................

Oral leukoplakia and oral cancer ............................................................... 79
A 53-year-old male who had smoked for 36 years was referred by his dentist for worsening vitiligo
diagnosed as leukoplakia 3 years earlier.
Takeshi Onda, DDS, PhD; Kamichika Hayashi, DDS, PhD; Akira Katakura, DDS, PhD; Masayuki Takano, DDS, PhD

1-MINUTE CONSULT ...............................................................................................................................

What are the treatment options for myasthenia gravis if first-line agents fail? ............ 81
From 5% to 20% of patients may have a suboptimal response or prohibitive adverse effects over a
period of a few weeks to 3 months.
Christopher Zust, MD; John A. Morren, MD

COMMENTARY .................................................................................................................... ...................

The constellation of vitamin D, the acute-phase response, and inflammation ............ 85
An astronomic increase in vitamin D testing and supplementation is happening in the absence of
an evidence-based rationale.
Maria J. Antonelli, MD; Irving Kushner, MD; Murray Epstein, MD, FASN, FACP

CONTINUED ON PAGE 70

Upcoming Features

■ Variola virus: Looking back, looking ahead

■ Contraception options: A case-based discussion
CONTINUED FROM PAGE 68

EDITORIAL

Vitamin D: A metabolic bone disease perspective
When checking levels, clinicians should keep in mind that vitamin D levels fluctuate by season and time of day, and that different laboratories may use different assays that yield different results.
Bruce Long, MD, FACR, BS Pharm

SYMPTOMS TO DIAGNOSIS

A 50-year-old man presents with shortness of breath
Red flags included low voltage, normal sinus rhythm, and Q waves on electrocardiography, a history of carpal tunnel syndrome, and evidence of renal dysfunction.
Kaylee Watson, MD; David Wolinsky, MD; Mauricio Velez, MD; David Snipelisky, MD, FACC

REVIEW

Myasthenia gravis: Frequently asked questions
Who is at risk? Which tests should be ordered? How does the disease course affect management decisions? What instructions should you give patients? And other questions.
John A. Morren, MD; Yuebing Li, MD, PhD

REVIEW

Resistant hypertension: A stepwise approach
The authors review the definition and prevalence of resistant hypertension and its diagnostic workup and management, including lifestyle modifications, drugs, and experimental therapies.
Jordana Yahr, DO; George Thomas, MD; Juan Calle, MD; Jonathan J. Taliercio, DO

DEPARTMENTS

CME Calendar 77
2022 Reviewers 78
CME/MOC Instructions 128