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Adherence to a strict gluten-free diet is not easy, and even strict adherence does not guarantee relief of all symptoms. We need to be as certain as possible that trying the diet makes sense—and that is the real challenge.

Brian F. Mandell, MD, PhD

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During the past 4 weeks, the patient had been increasing his exercise and was on a strict diet for bodybuilding.

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Brian F. Mandell, MD, PhD

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Beyond the initial diagnostic workup, the results of serial testing may be misleading, with the potential for adverse effects on patient care and increases in healthcare spending.

Samantha Jill Magier, MD, MEng; Thiruvengadam Muniraj, MD, FRCPE; Naseema Merchant, MBBS, FCCP, FACP, FHM

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**1-MINUTE CONSULT**

Should urine antigen testing for *Legionella pneumophila* be ordered for all hospitalized patients with community-acquired pneumonia? 345

Testing is recommended if the pneumonia is severe, if there has been recent travel, and if there is currently an outbreak of legionnaires disease.

Anna Cheek, MD; Ian Jackson, MD; Manasa Velagapudi, MBBS; Shraddha Narechania, MD, FCCP

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- Atypical hyperplasia of the breast: Management strategies

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1-MINUTE CONSULT

Celiac disease: Who should I test, and how? 349

First-degree relatives of patients with celiac disease and patients with dermatitis herpetiformis, type 1 diabetes mellitus, and autoimmune thyroid disease are among those for whom testing is advisable.

Jason Nasser, MD; Claire Jansson-Knodell, MD; Alberto Rubio Tapia, MD

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Guidelines for the management of trigeminal neuralgia 355

Care pathways for patients with trigeminal neuralgia vary widely. The most recent UK guidelines emphasize the need for evidence-based care plans for multidisciplinary management.

Mun Seng Chong, MBBS, MD, FRCP; Anish Bahra, MBChB, MD, FRCP; Joanna M. Zakrzewska, BDS, MB BChir, MD, FDSRCS, FFDRCSI, FFPM RCA, FHEA

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