## Table of Contents

### FROM THE EDITOR

**Unexplained pathology is not always autoimmune** 395

Our success in understanding well-defined autoimmune diseases may make us too willing to attribute yet-unexplained conditions to autoimmunity simply because they share symptoms.

Brian F. Mandell, MD, PhD

### THE CLINICAL PICTURE

**Asymptomatic oral plaques and erosion** 399

A 45-year-old man presented with a 4-week history of plaques and erosion on the left buccal mucosa and lower lip.

Li-wen Zhang, MD; Wen-ju Wang, MD; Tao Chen, MD, PhD; Rong-hua Xu, MD

### COMMENTARY

**Acute left-sided colonic diverticulitis: A surgeon’s perspective on the ACP guidelines** 403

The updated guidelines push for less-aggressive management of uncomplicated diverticulitis in select patients.

Michael J. Klingler, MD, MS; Jeremy M. Lipman, MD, MHPE

### 1-MINUTE CONSULT

**How do I diagnose and treat my patient’s amiodarone-induced thyrotoxicosis?** 409

Differentiating type 1 from type 2 amiodarone-induced thyrotoxicosis requires serologic testing, color Doppler ultrasonography, and radioisotope studies, and influences the choice of treatment.

Nikita Jhawar, MD; Razvan Chirila, MD

**CONTINUED ON PAGE 393**

---

### Upcoming Features

- Metformin for weight loss in adults with obesity
- Evaluating troponin elevation in chronic kidney disease
CONTINUED FROM PAGE 389

COMMENTARY
A new paradigm for adult ADHD: 413
A focused strategy to monitor treatment
In adults with attention defi cit hyperactivity disorder, shifting the focus of treatment from reducing symptoms to increasing task completions can allow the physician and patient to quickly determine effectiveness of pharmacotherapy.
Michael J. Manos, PhD; Elizabeth J. Short, PhD

REVIEW
Atypical hyperplasia of the breast: 423
Clinical cases and management strategies
The authors describe common clinical case scenarios for atypical hyperplasia of the breast and review management strategies for each scenario.
Suneela Vegunta, MD; Dawn M. Mussallem, DO; Aparna S. Kaur, MD; Sandhya Pruthi, MD; Christine L. Klassen, MD

EDITORIAL
Surgical de-escalation: Are we ready for ‘observation’ 433
of benign high-risk breast lesions found on core needle biopsy?
Surgical de-escalation is part of a larger movement of de-escalation of multidisciplinary breast cancer treatment. The challenge is to balance oncologic outcomes with surgical morbidity and quality of life.
Holly J. Pederson, MD; Debra Pratt, MD; Benjamin C. Calhoun, MD, PhD

REVIEW
Autoimmunity and postural orthostatic tachycardia syndrome: 439
Implications in diagnosis and management
A review of the presentation and diagnostic evaluation, including atypical features that may suggest an alternative diagnosis requiring a more extensive evaluation.
Albert Aboseif, DO; J. Daniel Bireley, MD; Yuebing Li, MD, PhD; David Polston, MD; Justin R. Abbatemarco, MD

DEPARTMENTS
CME Calendar 394
CME/MOC Instructions 448

CME CREDIT TEST
Visit WWW.CCJM.ORG
Test your knowledge of clinical topics and earn
AMA PRA Category 1 Credit™