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**Conjunctival petechiae in infective endocarditis** **20**

A 75-year-old-man presented with a 33-day history of intermittent nocturnal fevers of 39°C (102°F) and truncal rashes. The rashes appeared on the same day as the fever.

Akinori Sekizawa, MD; Ayaka Nagano, MD; Kenichi Hashimoto, MD, PhD; Yosuke Ono, MD, PhD

**REVIEW** .....



**Consumer-grade wearable cardiac monitors: What they do well, and what needs work** **23**

The authors review common consumer-grade wearables, including the accuracy of these monitors compared with medical-grade devices, and present an approach to managing rate or rhythm abnormalities identified on at-home monitoring.

Abdilahi Mohamoud, MBBS; Joseph Jensen, MD; Kevin G. Buda, DO

**EDITORIAL** .....

**Wearable cardiac monitors: Where do we stand?** **31**

Wearable monitors perform well as screening tools for atrial fibrillation, but questions remain: Can they help with stroke prevention, what is their role in patients with known atrial fibrillation, and how do we streamline interpretation?

Jakub Sroubek, MD, PhD

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## Upcoming Features

- Pancreatic cysts: A review for non-gastroenterologists
- Management of venous thromboembolism in patients with active cancer



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**REVIEW**

**Gastric intestinal metaplasia and gastric cancer prevention: Watchful waiting 33**

Malignancy develops in only a small minority of patients with gastric intestinal metaplasia. Recognition of clinical, endoscopic, and histologic features linked with cancer development is critical to identifying patients who require endoscopic surveillance.

Shrouq Khazaaleh, MD; Mohammad Alomari, MD; Mamoon Ur Rashid, MD; Daniel Castaneda, MD; Fernando J. Castro, MD

**REVIEW**

**2023 Update in ambulatory general internal medicine 40**

Topics reviewed include prevention of chronic kidney disease progression, diet for preventing secondary cardiovascular disease, prevention of kidney-stone recurrence, drug therapy for weight loss, and cholesterol management.

Jason T. Alexander, MD; Simran K. Singh, MD; Sachin D. Shah, MD; Brianna Lambert, MD; Jeremy P. Smith, MD

**1-MINUTE CONSULT**

**When should we consider SGLT-2 inhibitors in patients with acute decompensated heart failure? 47**

Evidence from clinical trials supports starting these medications as early as possible in patients hospitalized with acute decompensated heart failure who do not have clear contraindications to them.

Osamah Z. Badwan, MD; Lorenzo Braghieri, MD; Warren Skoza, MD; Ankit Agrawal, MD; Venu Menon, MD; W. H. Wilson Tang, MD

**CURRENT DRUG THERAPY**

**CME MOC**

**Nonstatin therapy to reduce low-density lipoprotein cholesterol and improve cardiovascular outcomes 53**

Several new nonstatin medications have been approved in recent years, with robust data from clinical trials supporting their use in atherosclerotic disease.

Abhayjit Singh, MD; Leslie S. Cho, MD

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Pelin Batur, MD, FACP, MSCP

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