

TABLE OF CONTENTS

FROM THE EDITOR

Pursuing the diagnosis of low back pain **334**

The recommended conservative approach eschewing initial imaging in patients with acute or subacute low back pain is unlikely to miss a significant clinical problem in those with no “red flags,” though the evaluation should be tempered in patients with chronic low back pain.

Brian F. Mandell, MD, PhD

THE CLINICAL PICTURE.....

Low back pain: Spondylitis? **339**

A 37-year-old woman was referred to a rheumatology clinic due to symptoms concerning for spondylitis after noting intermittent back pain with right-sided groin pain.

Aditi Patel, MD; Jean Schils, MD

1-MINUTE CONSULT

Should an NPO order be placed for my patient with acute pancreatitis? **341**

Resting the pancreas with extended periods of nothing by mouth status or total parenteral nutrition is no longer considered the standard of care.

Aaron Pathak, BA; Siena Blackwell, BSN; Robert Jay Sealock, MD

SYMPTOMS TO DIAGNOSIS

A hidden cause of hypokalemia **345**

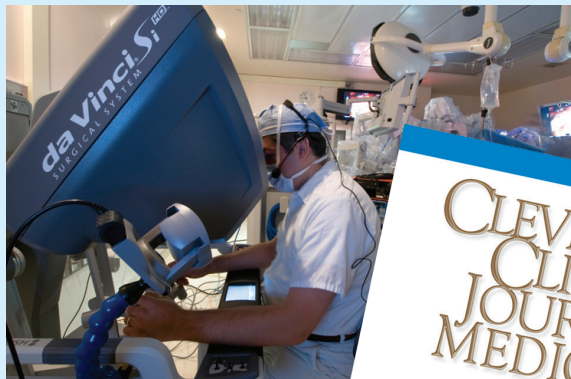
A 21-year-old man presented with increasing fatigue and psychosis symptoms. Laboratory testing results were consistent with a metabolic disorder.

Kanza Haq, MD; Zein Alabdin Hannouneh, MD; C. Elena Cervantes, MD; Mohamad Hanouneh, MD

CONTINUED ON PAGE 333

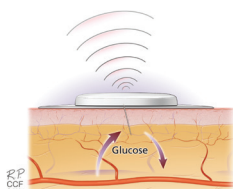
Upcoming Features

- Current concepts on preventing herpes zoster in immunocompromised patients
- SGLT-2 inhibitors in heart failure and chronic kidney disease



CONTINUED FROM PAGE 328

REVIEW



Diabetes technology: A primer for clinicians **353**

This review of the basics of various diabetes management devices is intended to enhance clinicians' comfort level in helping patients use these technologies.

Jayachidambaram Ambalavanan, MD; Diana Isaacs, PharmD, BCPS, BCACP, BC-ADM, CDCEs; M. Cecilia Lansang, MD, MPH

REVIEW

CME MOC

Preexposure prophylaxis for preventing HIV infection: Routine practice in primary care **361**

Knowing how to conduct a thorough sexual history and prescribe PrEP medications can contribute to reducing the incidence of new HIV infection.

Amy L. Wiser, MD, IBCLC

REVIEW

Gastroparesis for the nongastroenterologist **373**

The authors explore how primary care clinicians can use current recommendations to manage patients with mild to moderate gastroparesis.

Jorge Araujo-Duran, MD; Arjun Chatterjee, MD; Samita Garg, MD

DEPARTMENTS

CME Calendar **336**

CME/MOC Instructions **384**

CME CREDIT TEST



**Visit WWW.CCJM.ORG
Test your knowledge
of clinical topics and earn
AMA PRA Category 1 Credit™
and ABIM MOC points**

